

## 2014 Larking Gowen Business Challenge Results

Pos.	Team name	Company	Race No.	Forename	Surname	Ind. Time	Team Time
1	CCN Boys	City College Norwich	4	Piers	Arnold	01:11:24	<b>04:00:35</b>
			3020	Richard	Steer	01:20:58	
			1340	Jonathan	Cordle	01:28:13	
				Jim	Goreham	DNF	
2	Capita's Fiduciary Flyers	Capita	2277	Dominic	Blake	01:12:33	<b>04:17:32</b>
			2884	Ryan	Tuvey	01:27:02	
			3289	Richard	King	01:37:57	
			1258	Ben	Frith	01:42:34	
3	Larking Around for Glory	Larking Gowen	57	Chris	Yeates	01:25:13	<b>04:30:46</b>
			55	Tim	Angell	01:32:01	
			3220	James	Lay	01:33:32	
			56	Adam	Pearce	01:33:35	
4	Aviva A	Aviva	1751	Paul	Beckett	01:31:54	<b>04:39:47</b>
			1557	Matt	Andrews	01:33:29	
			2369	Chris	Harrison	01:34:24	
			2036	Jonathan	Foot	01:40:47	
5	Strattons Hotel Boys Team	Strattons Hotel	2547	Dominic	Hughes	01:25:04	<b>04:41:36</b>
			1771	James	Plant	01:37:58	
			1377	Mitchell	Thomson	01:38:34	
			1528	Leslie	Scott	01:46:16	
6	Leathes Prior 1	Leathes Prior	2898	Stephen	Wilson	01:31:00	<b>04:43:59</b>
			2837	Richard	Turner	01:33:04	
			2660	Craig	Farr	01:39:55	
				Alex	Saunders	DNF	
7	Virgin Money	Virgin Money	592	Kevin	Spratling	01:37:36	<b>04:58:36</b>
			1463	Thomas	Lincoln-Kemp	01:39:35	
			1144	Rob	Kay	01:41:25	
			1210	Matt	Howes	01:53:41	
8	Norwich Evening News	Norwich Evening News	405	Sam	Russell	01:29:50	<b>04:58:40</b>
			2333	David	Powles	01:36:37	
			2436	Stephen	Pullinger	01:52:13	
			2330	Peter	Walsh	01:56:04	
9	PwC	PricewaterhouseCoopers LLP	2399	Frank	George	01:29:31	<b>05:00:54</b>
			1956	Christopher	Millsted	01:29:39	
			1957	Thu-Hang	Ong	02:01:44	
			2129	Allison	Ragosa-Buckley	02:10:35	
10	Boswell A	Alan Boswell Group	53	Sarah	Adcock	01:33:23	<b>05:01:03</b>
			587	Matthew	Gill	01:43:17	
			2590	Heath	Alexander-Bew	01:44:23	
			398	Leah	Mayes	01:48:19	
11	Aviva B	Aviva	1950	Kevin	Raisborough	01:40:07	<b>05:02:50</b>
			2510	Paul	White	01:40:44	
			1655	Phil	Henry	01:41:59	
			1443	Stacey	Harper	01:46:37	
12	LB1	Lovewell Blake LLP	1891	Stacy	Tovell	01:38:13	<b>05:09:44</b>
			1247	Graham	Sillett	01:39:34	
			1034	Gary	Melton	01:51:57	
			1368	Richard	Gedge	01:54:18	
13	Anglia Farmers	Anglia Farmers	1249	Jon	Goodwin	01:28:00	<b>05:14:50</b>
			1362	Stephen	Ramm	01:33:25	
			1577	Matthew	Freezer	02:13:25	
				Mark	Hilton	DNF	
14	Cozens-Hardy A	Cozens-Hardy LLP	1242	Andrew	Spencer	01:40:42	<b>05:16:25</b>
			2424	Rachel	Glegg	01:41:26	
			1237	Philippa	Rudd	01:54:17	
			1240	Iain	White	02:07:36	
15	Flagship Housing	Flagship Housing	1176	Neil	Walpole	01:30:27	<b>05:17:10</b>
			1082	Alex	Fitzgerald	01:50:21	
			1419	Tracey	Drake	01:56:22	
			695	Stephanie	Callen	02:22:08	
16	Co-Runners	H.M. Coroners Service	2154	Lorraine	Marshall	01:38:47	<b>05:22:10</b>
			1694	Paul	Chapman	01:44:20	
			1188	Jacqueline	Lake	01:59:03	
			3226	Rachael	Middleton	02:00:11	
17	Ingleton Wood	Ingleton Wood	1678	Andrew	Collett	01:42:36	<b>05:27:08</b>
			1581	Bridget	Shaw	01:51:17	
			1954	Christopher	Stammers	01:53:15	
			996	John	Dixon	02:06:52	

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Pos.	Team name	Company	Race No.	Forename	Surname	Ind. Time	Team Time
18	Eat m'Eye Dust	Dipple & Conway Opticians	187	Neil	McDonald	01:42:50	<b>05:27:21</b>
			185	Robert	Conway	01:49:23	
			184	Damian	Conway	01:55:08	
				Ben	Conway	DNF	
19	Poultec Training	Poultec Training Ltd	2460	Ben	Gaskins	01:37:40	<b>05:27:30</b>
			2740	Lister-Jane	Parker-Flatt	01:53:19	
			3012	Oliver	Hubbard	01:56:31	
			2299	Alex	Sellers	02:01:52	
20	Strattons Hotel Girls Team	Strattons Hotel	621	Julia	Hetherton	01:40:22	<b>05:31:41</b>
			861	Anna-Marie	Denmark	01:54:29	
			673	Mimi	Denmark	01:56:50	
			674	Georgia	Barrett	01:56:50	
21	Aviva Horizon	Aviva	2260	Nicholas	Richardson	01:48:35	<b>05:36:30</b>
			310	Jason	Sparkes	01:52:56	
			2579	Jack	Northwood	01:54:59	
			2563	Steve	Marshall	01:59:58	
22	Aviva C	Aviva	2963	Roderick	Main	01:50:59	<b>05:42:40</b>
			2806	Andy	Ives	01:52:27	
			96	Jessica	Ashley	01:59:14	
				Emma	Fox	DNF	
23	Team Exheat	Exheat Limited	792	Malcolm	Fisher	01:55:26	<b>06:04:57</b>
			258	Paul	Syme	02:03:26	
			347	Rachel	Bradshaw	02:06:05	
			2922	Nigel	Barnes	02:10:48	
24	Boswell C	Alan Boswell Group	1009	Hannah	Shorten	01:57:45	<b>06:16:25</b>
			1716	Ashley	Ocock	02:09:15	
			522	Chris	Pritchard	02:09:25	
			927	Rebecca	Riddoch	02:10:21	
25	Boswell B	Alan Boswell Group	237	Vicci	Hills	01:54:11	<b>06:28:49</b>
			981	Lydia	Warnes	02:09:08	
			928	Timothy	Campbell	02:25:30	
				Wendy	Burgess	DNF	
26	CCN Girls	City College Norwich	3031	Amy	Komarnicki	02:03:00	<b>06:35:03</b>
			2786	Gracie	Sutton	02:11:35	
			2939	Afroditi	Doulkeridou	02:20:28	
				Kathryn	Abigail-New	DNF	
27	CCN Fools	City College Norwich	2990	Nick	Bond	02:15:13	<b>06:50:54</b>
			3007	Rocco	Viscito	02:15:13	
			2627	Frederica	Albone	02:20:28	
			3019	Rob	Bates	02:41:31	
28	LB2	Lovewell Blake LLP	1529	Kenneth	Renshaw	02:05:57	<b>07:08:47</b>
			931	Shaun	Mary	02:15:12	
			245	Alexandra	Fegan Read	02:47:38	
			570	Suzie	Henseler	03:10:08	
29	Leathes Prior 2	Leathes Prior	2866	Sarah	Ellero	02:04:46	<b>DNF</b>
			1411	Claire	McCarthy	02:16:54	
				Paula	Lee	DNF	
30	Cozens-Hardy B	Cozens-Hardy LLP	1241	Chris	Groves	02:00:18	<b>DNF</b>
			1238	Christina	Stöhr	02:26:00	
				Claire Louise	Williamson	DNF	