



1	Wymondham AC Alexandra SMITH (4) Sarah PEACHEY (5) Sharon HURREN (18)	27	16	Dereham Runners AC Lacey BAREHAM (6) Paula OLLEY (440) Kareana SYMONDS (441)	887
2	Norwich Road Runners Deborah ENGLISH (13) Caroline HOUGHTON (36) Ruth GAUNT (46)	95	17	Saint Edmund Pacers Eloise BIRD (151) Claire BLANCHFORD (333) Katie PRZYKOWSKA (426)	910
3	Bure Valley Harriers Sarah STUBBS (19) Vhari KING (35) Sarah JAY (117)	171	18	North Norfolk Beach Runners Natasha SUMNER (214) Linda MELTON (382) Sarah MELTON (392)	988
4	Tri-Anglia Triathlon Club Mel FEWTRELL (29) Zara MOORE (90) Philippa RUDD (96)	215	19	Wymondham AC Julie WINNER (281) Georgia WILLIAMS (355) Tracy STEVENS (385)	1021
5	Norfolk Gazelles RC Louise HURR (33) Kathryn HEAD (37) Carol BETTS (146)	216	20	Tri-Anglia Triathlon Club Julia RAYMOND (122) Emma BLACK (412) Kitty ROSSER (517)	1051
6	Wymondham AC Jessica NEAVE (44) Leanne BAGGE (94) Cassie BARKER (95)	233	21	Norfolk Gazelles RC Lisa NETTO (203) Estelle CORNER (477) Hannah MONTEVERDE (486)	1166
7	Werrington Joggers Ann WOOD (16) Debbie MONTAGUE (86) Cath HUNT (154)	256	22	Werrington Joggers Sandra ARUNDELL (331) Louise NEWCOMBE (420) Caroline HALL (481)	1232
8	Norwich Road Runners Maureen HAMIS (83) Vicky JONES (85) Claire SMITH (119)	287	23	Norwich Road Runners Lisa HALL (330) Tanya CABLE (489) Charlotte NASH (502)	1321
9	Ryston Runners Lisa PYATT (39) Jane ASHBY (118) Sarah PARTRIDGE (184)	341	24	Newmarket Joggers Svitlana ZINCHENKO (149) Sally NICHOLSON (553) Sue KENT (724)	1426
10	City of Norwich AC Vivienne LAIN (58) Kaylee MEACHEN (133) Charlotte SALTER (234)	425	25	Werrington Joggers Rowena HOMAN (490) Emily CARPENTER (537) Hazel BREWIN (641)	1668
11	Bungay Black Dog RC Sarah MAIDMENT (112) Bobbie SAUERZAPF (129) Jane HANNAH (421)	662	26	Werrington Joggers Sharon THOMAS (674) Gill HOLMES (678) Esther REDMAN (689)	2041
12	Wymondham AC Charlotte RICHARDSON (209) Angie BEAR (211) Catherine O'NEILL (260)	680	27	Werrington Joggers Juliette HAVELL (736) Jo PLATTEN (755) Vanessa MARSDEN (806)	2297
13	Ipswich Jaffa RC Bernice LAWS (14) Sian ABBOTT (242) Adriana HOUCHELL (428)	684			
14	Norwich Road Runners Liz JONES (225) Caroline TAYLER (252) Kate MOORE (285)	762			
15	Werrington Joggers Louise CROSBY (191) Louise JINKS (296) Sarah BROWN (327)	814			