

City of Norwich Half Marathon - past winners

* denotes fastest times since the race moved to the Norfolk Showground in 1993

1985	1-05-11	Dennis Fowles	Cardiff AAC	1-12-57	Sarah Rowell	Dartford Harriers
1986	1-07-29	Mark Flint	Telford AC	1-23-52	Sandra Lappage	Tipton Harriers
1987	1-06-16	Steve Brace	Bridgend AC	1-16-48	Sally Ellis	Birchfield Harriers
1988	1-07-04	Seamus Kerr	Enfield AC	1-27-10	Helen Johnson	Norfolk Olympiads
1989	1-07-26	Gregor Booth	Norfolk Gazelles	1-18-37	Celia Duncan	Aldershot Services
1990	1-10-29	Jerry Watson	Thames Hares & Hounds	1-22-10	Wendy Gaisford	Cambridge & Coleridge AC
1991	1-07-25	Tony Graham	Newport AC	1-17-03	Sally Eastall	St Edmund Pacers
1992	1-07-21	Tommy Hughes	Red Counties	1-19-32	Susan Coxhall	Springfield Striders
1993	1-08-24	Gareth Deacon	Coventry Godiva AC	1-15-25	Sally Eastall	St Edmund Pacers
1994	1-07-02	Gareth Spring	Bedford & County AC	1-18-22	Teresa Dyer	Peterborough AC
1995	1-07-38	Nigel Powley	Colchester Harriers	1-16-44	Karen Cornwell	Valli Harriers
1996	1-08-01	Darren Mead	Belgrave Harriers	1-19-52	Angela Joiner	Charnwood AC
1997	1-10-28	Gareth Deacon	Coventry Godiva AC	1-19-23	Angela Joiner	Charnwood AC
1998	1-06-28	Adrian Mussett	Colchester Harriers	1-24-26	Satomi Miwa	London Universities AC
1999	1-05-56	Adrian Mussett	Colchester Harriers	1-22-05	Sandra Bower	Thetford AC
2000	1-11-11	Guy Amos	City of Norwich AC	1-23-45	Sandra Bower	Thetford AC
2001	1-05-10	Guy Amos	City of Norwich AC	1-18-35	Debbie Percival	Medway AC
2002	1-06-39	Erick Kiplagat	Mizuno RC	1-15-26	Cathy Mutwa	Mizuno AC
2003	1-07-25	Erick Kiplagat	Mizuno RC	* 1-14-49	Mara Yamuchi	Harrow AC
2004	1-09-20	Tesfaye Eticha		1-19-14	Birhan Dagne	Belgrave Harriers
2005	* 1-03-59	Neo Molema		1-16-52	Lucy Hasell	Bristol & West AC
2006	1-07-26	Simon Tonui	Birchfield Harriers	1-17-18	Birhan Dagne	Belgrave Harriers
2007	1-09-09	Adrian Mussett	Colchester Harriers	1-21-22	Sarah Stradling	Colchester & Tendring AC
2008	1-05-44	Matthew Janes	Bedford & County AC	1-17-29	Olivia Walwyn	City of Norwich AC
2009	1-08-51	Ian Kimpton	Lincoln Wellington AC	1-18-20	Sarah Stradling	Colchester Harriers
2010	1-08-23	Ian Kimpton	Lincoln Wellington AC	1-18-55	Sarah Stradling	Colchester Harriers
2011	1-12-44	Adrian Mussett	Colchester Harriers	1-19-44	Sarah Stradling	Colchester Harriers
2012	1-13-34	Nick Earl	City of Norwich AC	1-20-13	Daisy Glover	Ely Runners
2013	1-10-20	Ben Russell	Liverpool Harriers	1-17-25	Daisy Glover	Ely Runners
2014	1-08-08	Daniel Watts	Shaftesbury Barnet Harriers	1-20-21	Sarah Stradling	Colchester Harriers