

City of Norwich Half Marathon - past winners

* denotes fastest times since the race moved to the Norfolk Showground in 1993

	Men		
2019	1-07-41	Piers Arnold	City of Norwich AC
2018	1-09-54	Ash Harrell	City of Norwich AC
2017	1-12-32	Piers Arnold	City of Norwich AC
2016			
2015	1-09-46	Adrian Mussett	Colchester Harriers
2014	1-08-08	Daniel Watts	Shaftesbury Barnet Harriers
2013	1-10-20	Ben Russell	Liverpool Harriers
2012	1-13-34	Nick Earl	City of Norwich AC
2011	1-12-44	Adrian Mussett	Colchester Harriers
2010	1-08-23	Ian Kimpton	Lincoln Wellington AC
2009	1-08-51	Ian Kimpton	Lincoln Wellington AC
2008	1-05-44	Matthew Janes	Bedford & County AC
2007	1-09-09	Adrian Mussett	Colchester Harriers
2006	1-07-26	Simon Tonui	Birchfield Harriers
2005	1-03-59 *	Neo Molema	
2004	1-09-20	Tesfaye Eticha	
2003	1-07-25	Erick Kiplagat	Mizuno RC
2002	1-06-39	Erick Kiplagat	Mizuno RC
2001	1-05-10	Guy Amos	City of Norwich AC
2000	1-11-11	Guy Amos	City of Norwich AC
1999	1-05-56	Adrian Mussett	Colchester Harriers
1998	1-06-28	Adrian Mussett	Colchester Harriers
1997	1-10-28	Gareth Deacon	Coventry Godiva AC
1996	1-08-01	Darren Mead	Belgrave Harriers
1995	1-07-38	Nigel Powley	Colchester Harriers
1994	1-07-02	Gareth Spring	Bedford & County AC
1993	1-08-24	Gareth Deacon	Coventry Godiva AC
1992	1-07-21	Tommy Hughes	Red Counties
1991	1-07-25	Tony Graham	Newport AC
1990	1-10-29	Jerry Watson	Thames Hares & Hounds
1989	1-07-26	Gregor Booth	Norfolk Gazelles
1988	1-07-04	Seamus Kerr	Enfield AC
1987	1-06-16	Steve Brace	Bridgend AC
1986	1-07-29	Mark Flint	Telford AC
1985	1-05-11	Dennis Fowles	Cardiff AAC

	Women		
1-20-09	Mabel Beckett	City of Norwich AC	
1-21-19	Mabel Beckett	City of Norwich AC	
1-27-06	Emma Risbey	Winchester & District AC	
1-19-14	Helen Davies	Ipswich Jaffa	
1-20-21	Sarah Stradling	Colchester Harriers	
1-17-25	Daisy Glover	Ely Runners	
1-20-13	Daisy Glover	Ely Runners	
1-19-44	Sarah Stradling	Colchester Harriers	
1-18-55	Sarah Stradling	Colchester Harriers	
1-18-20	Sarah Stradling	Colchester Harriers	
1-17-29	Olivia Walwyn	City of Norwich AC	
1-21-22	Sarah Stradling	Colchester & Tendring AC	
1-17-18	Birhan Dagne	Belgrave Harriers	
1-16-52	Lucy Hasell	Bristol & West AC	
1-19-14	Birhan Dagne	Belgrave Harriers	
1-14-49 *	Mara Yamuchi	Harrow AC	
1-15-26	Cathy Mutwa	Mizuno AC	
1-18-35	Debbie Percival	Medway AC	
1-23-45	Sandra Bower	Thetford AC	
1-22-05	Sandra Bower	Thetford AC	
1-24-26	Satomi Miwa	London Universities AC	
1-19-23	Angela Joiner	Charnwood AC	
1-19-52	Angela Joiner	Charnwood AC	
1-16-44	Karen Cornwell	Valli Harriers	
1-18-22	Teresa Dyer	Peterborough AC	
1-15-25	Sally Eastall	St Edmund Pacers	
1-19-32	Susan Coxhall	Springfield Striders	
1-17-03	Sally Eastall	St Edmund Pacers	
1-22-10	Wendy Gaisford	Cambridge & Coleridge AC	
1-18-37	Celia Duncan	Aldershot Services	
1-27-10	Helen Johnson	Norfolk Olympiads	
1-16-48	Sally Ellis	Birchfield Harriers	
1-23-52	Sandra Lappage	Tipton Harriers	
1-12-57	Sarah Rowell	Dartford Harriers	