



1	Norwich Road Runners	41
	Simon Wright (5)	
	Matt Howard (8)	
	Lewis Spurgin (12)	
	Ryan Kennedy (16)	
2	Great Yarmouth Road Runners	96
	Marc Evans (7)	
	James Carass (14)	
	Kevin Fuller (31)	
	John Algar (44)	
3	Norwich Road Runners	98
	Aston Martin (17)	
	David Thomas (26)	
	Shaun Sparkes (27)	
	Chris Harrison (28)	
4	Tri-Anglia TC	99
	Dan Claflin (11)	
	Stephen Wilson (21)	
	Tom Steverson (30)	
	Owen Marsden (37)	
5	Coltishall Jaguars RC	100
	Andy Mulligan (13)	
	Radley Fenn (18)	
	Stephen Pointer (24)	
	Clive Cartner (45)	
6	Norwich Road Runners	152
	Erik Gibbons (35)	
	Martin McConnell (38)	
	Peter Keogh (39)	
	Adam Bezance (40)	
7	Norwich Road Runners	172
	Steven Hitcham (41)	
	Andrew Cooper (42)	
	Liam Hackett (43)	
	Christopher Carr (46)	