



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
1	14	1:09:54	Ash Harrell	City of Norwich AC	Male	M	1:09:54
2	7	1:13:50	Dominic Blake	Reepham Runners	Male	M	1:13:50
3	99	1:17:14	Jack Gillick	Wymondham AC	Male	M	1:17:13
4	8	1:17:52	Tim Topper	Wymondham AC	Male	M45	1:17:52
5	146	1:19:30	Simon Partridge	Bure Valley Harriers	Male	M	1:19:30
6	82	1:19:31	George Clements		Male	M	1:19:29
7	77	1:20:50	Steven Cannell		Male	M	1:20:48
8	69	1:21:07	Nicholas Bensley	Ryston Runners AC	Male	M45	1:21:07
9	183	1:21:15	Simon Wright	Norwich Road Runners	Male	M	1:21:15
10	37	1:21:19	Mabel Beckett	City of Norwich AC	Female	F	1:21:19
11	137	1:21:37	John Moore	Norfolk Gazelles RC	Male	M55	1:21:36
12	62	1:21:58	Neil Adams	North Norfolk Beach Runners	Male	M40	1:21:58
13	161	1:22:11	Jonathan Stockwell		Male	M	1:22:11
14	180	1:22:52	Nicholas Wittred		Male	M	1:22:46
15	231	1:23:19	Simon Bryant		Male	M	1:23:19
16	129	1:23:45	Stuart MacNab-Grieve		Male	M	1:23:45
17	101	1:23:48	Richard Hanson		Male	M50	1:23:44
18	74	1:25:36	Jake Brockwell	University of East Anglia AC	Male	M	1:25:35
19	91	1:25:40	Marc Evans	Great Yarmouth Road Runners	Male	M	1:25:38
20	108	1:25:58	Matt Howard	Norwich Road Runners	Male	M	1:25:56
21	229	1:26:05	Kyle Brooks		Male	M	1:25:53
22	95	1:26:10	Mark Garrett	Norwich Road Runners	Male	M50	1:26:08
23	116	1:26:31	Jack Judd		Male	M	1:26:26
24	141	1:26:55	Darren Neale	North Norfolk Beach Runners	Male	M	1:26:53
25	2195	1:27:17	Todd Lake	Dereham Runners AC	Male	M50	1:27:15
26	173	1:27:35	Andrew Walpole	Dartford Road Runners	Male	M	1:27:33
27	147	1:28:08	Matthew Pask	Norwich Road Runners	Male	M50	1:28:05
28	502	1:28:31	Lee Woodcock		Male	M	1:28:26
29	143	1:28:40	Daniel Nicholson		Male	M	1:28:37
30	80	1:29:03	Sze-Ming Cheung	Norwich Road Runners	Male	M40	1:28:56
31	78	1:29:12	Jonathon Causton		Male	M	1:29:10
32	73	1:29:24	Simon Brighten		Male	M	1:29:18
33	36	1:29:25	Mark Solway	City of Norwich AC	Male	M45	1:29:21
34	158	1:29:33	Edward Sidgwick		Male	M	1:29:28
35	163	1:29:46	Rowan Stringer		Male	M	1:29:42
36	413	1:29:49	Mat Porter	Norwich Road Runners	Male	M40	1:29:40
37	472	1:30:19	James Taylor		Male	M	1:30:04
38	81	1:30:26	Dan Claflin	Tri-Anglia TC	Male	M	1:30:24
39	769	1:30:35	Nicolas Horneck		Male	M	1:30:21
40	2335	1:30:42	Charles Bircher		Male	M	1:30:39
41	88	1:30:44	Andrew Dormer	Great Yarmouth Road Runners	Male	M50	1:30:39
42	839	1:30:49	Gregory McNeill-Moss		Male	M	1:30:42
43	463	1:30:49	Lewis Spurgin	Norwich Road Runners	Male	M	1:30:42
44	31	1:30:51	Tim Angell	City of Norwich AC	Male	M50	1:30:45
45	139	1:31:02	Andy Mulligan	Coltishall Jaguars RC	Male	M	1:30:48
46	242	1:31:02	James Carass	Great Yarmouth Road Runners	Male	M	1:30:46
47	136	1:31:06	Ian Moore	Wymondham AC	Male	M50	1:30:58
48	86	1:31:12	Alex Curtis		Male	M	1:31:10
49	174	1:31:15	Neil Walpole	Norwich Road Runners	Male	M45	1:31:08
50	152	1:31:17	Stewart Robins	Ryston Runners AC	Male	M50	1:31:14
51	34	1:31:34	Peter Mahoney	City of Norwich AC	Male	M50	1:31:29
52	153	1:31:42	Tom Robinson	Reepham Runners	Male	M	1:31:34
53	355	1:31:45	Paul Knights		Male	M45	1:31:36
54	370	1:31:48	James Lillistone		Male	M	1:31:36
55	573	1:31:52	Ella Sharrock		Female	F	1:31:50
56	144	1:32:25	Leigh Nobes	Reepham Runners	Male	M40	1:32:16
57	120	1:32:34	Ryan Kennedy	Norwich Road Runners	Male	M	1:32:30
58	11	1:32:47	Cat Cummings	Wymondham AC	Female	F40	1:32:45
59	2208	1:32:49	Harrison Meek		Male	M	1:32:28
60	832	1:32:50	Aston Martin	Norwich Road Runners	Male	M	1:32:41
61	2317	1:32:54	Graham Johnson	Coltishall Jaguars RC	Male	M50	1:32:39
62	570	1:32:54	Felicity Quinn	North Norfolk Beach Runners	Female	F	1:32:44
63	85	1:32:56	Simon Cowley		Male	M	1:32:40
64	75	1:32:59	Jason Brunt	Norfolk Gazelles RC	Male	M45	1:32:53
65	65	1:33:01	Nick Askham	Tri-Anglia TC	Male	M40	1:32:57
66	2357	1:33:11	Nicholas Prior		Male	M	1:33:06
67	149	1:33:11	Sam Pledger		Male	M	1:33:05
68	426	1:33:13	Colin Robilliard	Bure Valley Harriers	Male	M60	1:33:00
69	13	1:33:14	Alexandra Smith	Wymondham AC	Female	F40	1:33:06
70	280	1:33:21	Radley Fenn	Coltishall Jaguars RC	Male	M	1:33:07



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Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
71	394	1:33:33	Stephen Moseley	Norwich Road Runners	Male	M50	1:33:20
72	192	1:33:43	Vernon Anderson		Male	M40	1:33:37
73	61	1:33:46	Rory Abel		Male	M	1:33:42
74	17	1:33:49	Sarah Peachey	Wymondham AC	Female	F	1:33:41
75	501	1:33:54	Trevor Wood		Male	M45	1:33:45
76	398	1:33:56	Mark Ogden		Male	M45	1:33:46
77	311	1:34:05	Gary Grand	Norwich Road Runners	Male	M55	1:33:57
78	93	1:34:12	Steve Fields		Male	M40	1:34:03
79	12	1:34:12	Lorena Latisaite	Ryston Runners AC	Female	F	1:34:09
80	261	1:34:14	Stephen Dady	Wymondham AC	Male	M65	1:34:12
81	439	1:34:28	Kevin Sadd		Male	M45	1:34:16
82	16	1:34:39	Rose Waterman	Tri-Anglia TC	Female	F	1:34:21
83	287	1:34:43	Lee Forder		Male	M	1:34:33
84	226	1:34:43	Shaun Braybrook	Wymondham AC	Male	M	1:34:35
85	2283	1:34:44	Jon Shorten	Norwich Road Runners	Male	M50	1:34:35
86	455	1:34:50	Richard Smith		Male	M45	1:34:34
87	500	1:34:55	Ricci Wilson	Waveney Valley AC	Male	M	1:34:40
88	430	1:34:56	Stuart Rose	Dereham Runners AC	Male	M40	1:34:52
89	64	1:35:00	Matt Andrews	North Norfolk Beach Runners	Male	M45	1:34:40
90	571	1:35:06	Debbie Schwarz	West Norfolk AC	Female	F45	1:34:40
91	2334	1:35:16	Adam Hames		Male	M	1:34:55
92	250	1:35:21	Stuart Coe		Male	M40	1:34:53
93	98	1:35:35	David Gibbs		Male	M	1:35:29
94	2276	1:35:45	Jordan Isbill		Male	M	1:35:29
95	522	1:35:46	Hannah Bye		Female	F	1:35:37
96	416	1:35:48	Stephen Ramm		Male	M40	1:35:38
97	251	1:35:51	Luke Coleman		Male	M	1:35:29
98	651	1:36:09	Will Chenery		Male	M	1:36:03
99	79	1:36:13	Scott Chadwick	Coltishall Jaguars RC	Male	M40	1:35:55
100	285	1:36:23	Tom Fleetwood		Male	M	1:36:02
101	110	1:36:25	Matthew Hyde		Male	M45	1:36:21
102	480	1:36:30	Stacy Tovell		Male	M45	1:36:26
103	283	1:36:32	Jim Fitch		Male	M40	1:36:06
104	288	1:36:43	Simon Fox	Norwich Road Runners	Male	M45	1:36:34
105	276	1:37:00	Terry Epps	Wymondham AC	Male	M60	1:36:58
106	203	1:37:06	Chris Barkway		Male	M55	1:36:52
107	178	1:37:12	Tom Wharton		Male	M	1:36:55
108	2313	1:37:17	Matthew Parkhouse		Male	M	1:36:52
109	348	1:37:33	Mark Jones		Male	M50	1:37:15
110	42	1:37:35	Alice Rees	City of Norwich AC	Female	F	1:37:25
111	1277	1:37:49	Elly Young	Coltishall Jaguars RC	Female	F45	1:37:20
112	286	1:37:51	Jason Ford		Male	M	1:37:34
113	476	1:37:59	Pete Thompson		Male	M	1:37:53
114	534	1:37:59	Theresa Dooley	Norfolk Gazelles RC	Female	F45	1:37:34
115	303	1:38:00	O Gillard-Eastop		Male	M50	1:37:37
116	124	1:38:09	James Lay		Male	M40	1:37:52
117	504	1:38:10	Sean Woodvine		Male	M45	1:37:58
118	265	1:38:10	Martin Doherty	Norfolk Gazelles RC	Male	M45	1:37:54
119	138	1:38:14	Mark Mountain	Great Yarmouth Road Runners	Male	M45	1:37:59
120	162	1:38:19	Mark Stone	Great Yarmouth Road Runners	Male	M45	1:38:03
121	126	1:38:19	Chris Lehrbach	Tri-Anglia TC	Male	M45	1:38:01
122	580	1:38:24	Toyah Ward		Female	F	1:37:58
123	293	1:38:24	Stuart Fryer		Male	M	1:38:11
124	453	1:38:27	Gavin Smith		Male	M	1:38:15
125	200	1:38:28	Mathew Baldry	Waveney Valley AC	Male	M45	1:38:06
126	2325	1:38:29	Mark Griffin		Male	M55	1:37:39
127	524	1:38:30	Harriet Carr		Female	F	1:38:09
128	222	1:38:33	Will Bond		Male	M	1:38:02
129	171	1:38:43	Bret Upton		Male	M	1:38:35
130	307	1:38:47	Chris Goodwin		Male	M	1:38:17
131	148	1:38:51	Adam Pearce		Male	M	1:38:40
132	179	1:38:57	Stephen Wilson	Tri-Anglia TC	Male	M	1:38:45
133	2193	1:38:57	Sharon Hurren	Wymondham AC	Female	F45	1:38:36
134	204	1:38:57	Sam Barratt		Male	M	1:38:42
135	715	1:39:03	Paul Freestone		Male	M40	1:38:38
136	563	1:39:05	Helen Mian	Norfolk Gazelles RC	Female	F50	1:38:44
137	374	1:39:15	Daryl London	North Norfolk Beach Runners	Male	M	1:38:52
138	284	1:39:21	Joe Fitzgerald		Male	M	1:39:05
139	408	1:39:26	Jonathan Pearson		Male	M40	1:39:03
140	513	1:39:27	William Young		Male	M	1:39:04



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Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
141	2300	1:39:28	Matthew Tomlinson		Male	M45	1:39:13
142	2238	1:39:32	Alexander Brighton		Male	M40	1:39:27
143	258	1:39:33	Michael Crampton		Male	M50	1:39:11
144	2312	1:39:35	Joe Blackwell		Male	M	1:39:18
145	492	1:39:37	Adam Whitbourn		Male	M	1:39:09
146	221	1:39:38	Mark Bloomfield		Male	M45	1:39:11
147	2277	1:39:39	Iain Hill		Male	M	1:39:17
148	409	1:39:47	Alexander Pennington		Male	M	1:39:38
149	499	1:39:47	Lee Wilson		Male	M40	1:39:22
150	2292	1:39:55	Leon Gooch		Male	M	1:39:44
151	582	1:39:59	Emily Woodfield	Tri-Anglia TC	Female	F40	1:39:44
152	495	1:40:01	Garry Whiting	Wymondham AC	Male	M50	1:39:40
153	254	1:40:08	Paul Collins		Male	M	1:39:43
154	159	1:40:17	Richard Smith	Clapham Pioneers	Male	M	1:40:11
155	887	1:40:20	Stephen Pointer	Coltishall Jaguars RC	Male	M	1:39:45
156	488	1:40:22	Nigel Walsh		Male	M60	1:40:09
157	67	1:40:29	Patrick Barkham		Male	M40	1:39:54
158	657	1:40:35	Arron Coe	Bure Valley Harriers	Male	M	1:40:16
159	339	1:40:37	James Howlett	Framlingham Flyers	Male	M45	1:40:22
160	661	1:40:38	Lee Cook		Male	M40	1:40:10
161	181	1:40:39	David Wright		Male	M	1:40:17
162	186	1:40:43	Nathan Ackroyd		Male	M	1:39:57
163	475	1:40:46	David Thomas	Norwich Road Runners	Male	M	1:40:39
164	391	1:40:46	Terry Medler		Male	M40	1:40:26
165	90	1:40:48	Nathan Edwards		Male	M	1:40:38
166	271	1:40:49	David Eastaugh		Male	M50	1:40:28
167	326	1:40:49	Lee Harvey	Great Yarmouth Road Runners	Male	M45	1:40:35
168	364	1:40:53	Mark Lawson	Great Yarmouth & District AC	Male	M45	1:40:31
169	333	1:40:57	Iain Hill		Male	M40	1:40:44
170	464	1:40:58	Richard Stanley		Male	M	1:40:22
171	548	1:40:58	Caroline Houghton	Norwich Road Runners	Female	F40	1:40:48
172	390	1:40:58	Robert McPherson		Male	M55	1:40:52
173	107	1:40:58	David Houghton	Norwich Road Runners	Male	M45	1:40:50
174	423	1:41:00	Thomas Rivett	North Norfolk Beach Runners	Male	M40	1:40:45
175	232	1:41:03	Lee Bryer	Reepham Runners	Male	M40	1:40:32
176	952	1:41:06	Shaun Sparkes	Norwich Road Runners	Male	M	1:40:59
177	400	1:41:12	Sam Osborne		Male	M40	1:40:52
178	2243	1:41:15	Damon Kennedy		Male	M	1:41:11
179	773	1:41:16	Simon Howard		Male	M40	1:40:28
180	112	1:41:20	Pete Johnson	Ryston Runners AC	Male	M60	1:38:36
181	2194	1:41:20	Mark Schormann		Male	M45	1:41:06
182	1113	1:41:21	Stacey Harper	Norwich Road Runners	Female	F40	1:40:57
183	103	1:41:21	Chris Harrison	Norwich Road Runners	Male	M	1:40:57
184	461	1:41:22	Andrew Spencer		Male	M45	1:40:55
185	313	1:41:32	Chris Grime		Male	M40	1:40:59
186	2209	1:41:33	Tom Greaves		Male	M40	1:41:16
187	506	1:41:35	Graham Worsfold		Male	M	1:41:11
188	899	1:41:36	Ian Richardson		Male	M	1:40:50
189	118	1:41:38	Jonathan Kemp		Male	M	1:41:25
190	213	1:41:44	Stephen Belderbos		Male	M40	1:41:20
191	859	1:41:47	Chris Murphy		Male	M55	1:41:30
192	467	1:41:51	Simon Stevens		Male	M40	1:40:55
193	272	1:41:57	David Edgar		Male	M	1:41:38
194	402	1:42:01	Steve Parry		Male	M40	1:41:48
195	493	1:42:02	Stefan White		Male	M	1:41:31
196	450	1:42:03	Adam Sheward	Thetford AC	Male	M	1:41:25
197	826	1:42:06	Bryn Mainwaring		Male	M45	1:41:42
198	246	1:42:14	Chris Chorley	Bungay Black Dog RC	Male	M50	1:41:12
199	1810	1:42:20	James Savage		Male	M	1:41:37
200	193	1:42:22	Dan Archer		Male	M50	1:42:04
201	274	1:42:23	Tom English		Male	M	1:41:45
202	2222	1:42:34	Stuart Baker		Male	M40	1:42:12
203	581	1:42:35	Joanne Watkins	Norfolk Gazelles RC	Female	F	1:42:05
204	656	1:42:42	Tom Clarke		Male	M	1:41:43
205	345	1:42:47	Christopher Jenkins		Male	M	1:42:34
206	367	1:42:48	Adrian Leddy		Male	M	1:42:38
207	2226	1:42:50	Zoe Jones	Wymondham AC	Female	F40	1:42:29
208	145	1:42:52	David O'Callaghan		Male	M40	1:42:31
209	462	1:42:53	Paul Spooner		Male	M	1:42:40
210	1777	1:42:54	Robert Jackman		Male	M40	1:41:55



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Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
211	552	1:43:00	Emma Jay	Norfolk Gazelles RC	Female	F	1:42:03
212	2301	1:43:01	Bryn Williams	Tri-Anglia TC	Male	M50	1:42:17
213	682	1:43:16	Alan Dawson		Male	M	1:42:49
214	207	1:43:19	Mark Battista		Male	M	1:43:08
215	235	1:43:21	Gavin Bunn		Male	M	1:43:13
216	445	1:43:34	Mark Sellick		Male	M45	1:42:14
217	114	1:43:37	Ben Jones		Male	M	1:43:13
218	468	1:43:41	James Sturman		Male	M	1:43:33
219	210	1:43:43	Simon Beckett		Male	M50	1:43:16
220	352	1:44:00	Dave King		Male	M55	1:43:44
221	837	1:44:02	Byron McGill		Male	M	1:43:31
222	194	1:44:08	Neil Ashley		Male	M40	1:43:50
223	609	1:44:13	James Barrett		Male	M	1:43:58
224	206	1:44:14	Sam Bartram		Male	M	1:44:09
225	777	1:44:15	Oliver Hurren		Male	M	1:44:04
226	417	1:44:21	Daniel Rankin		Male	M	1:44:00
227	955	1:44:22	Tom Steverson	Tri-Anglia TC	Male	M	1:44:03
228	227	1:44:28	Kieran Brennan		Male	M	1:43:45
229	454	1:44:36	Mark Smith		Male	M45	1:44:04
230	479	1:44:38	Paul Toseland		Male	M	1:44:03
231	733	1:44:39	Josh Gowen		Male	M	1:43:33
232	1827	1:44:40	Matthew Welch		Male	M	1:44:20
233	291	1:44:42	James Frary	Norfolk Gazelles RC	Male	M40	1:44:13
234	1242	1:44:45	Sarah Thacker		Female	F	1:44:34
235	510	1:44:45	David Wyatt		Male	M	1:44:32
236	512	1:44:46	Ashley Yellop	Norwich Road Runners	Male	M45	1:44:36
237	569	1:44:47	Chloe Pellican		Female	F	1:44:45
238	335	1:44:55	James Hopgood		Male	M	1:44:10
239	2239	1:44:56	Heath Alexander-Bew	Wymondham AC	Male	M45	1:44:34
240	459	1:45:00	Dai Smoldon		Male	M45	1:44:54
241	2279	1:45:00	Rachel Gillings		Female	F	1:44:43
242	564	1:45:01	Ali Middleton	Norwich Road Runners	Female	F	1:44:43
243	498	1:45:05	Karl Williamson		Male	M45	1:44:52
244	1155	1:45:06	Kerry Lymbery	Norwich Road Runners	Female	F	1:43:42
245	915	1:45:07	Andrew Sach		Male	M40	1:44:29
246	377	1:45:11	James Loughlin		Male	M	1:43:40
247	195	1:45:15	James Ashworth		Male	M	1:44:46
248	815	1:45:15	Tom Leeder		Male	M	1:44:35
249	871	1:45:27	Dan North		Male	M	1:44:53
250	320	1:45:29	Mark Harmer	Bure Valley Harriers	Male	M40	1:45:12
251	1114	1:45:35	Charlotte Harrison		Female	F	1:44:43
252	354	1:45:42	Simon King		Male	M	1:45:26
253	294	1:45:43	Kevin Fuller	Great Yarmouth Road Runners	Male	M	1:45:29
254	994	1:45:47	Bradley Watker		Male	M	1:44:34
255	2296	1:46:03	Max Oppenheim		Male	M	1:45:34
256	937	1:46:07	Tiago Silva		Male	M40	1:45:10
257	1459	1:46:16	Anthony Stephenson		Male	M60	1:44:28
258	448	1:46:19	James Sharman		Male	M40	1:45:51
259	523	1:46:19	Lucy Campbell		Female	F50	1:45:57
260	770	1:46:19	Matthew Hosier		Male	M	1:45:44
261	516	1:46:22	Holly Bateman		Female	F	1:46:12
262	431	1:46:23	Jon Rowden	Norwich Road Runners	Male	M50	1:45:09
263	219	1:46:24	Jason Black	Norfolk Gazelles RC	Male	M45	1:45:56
264	407	1:46:26	Justin Pearce		Male	M45	1:45:42
265	1102	1:46:29	Ruth Gaunt	Norwich Road Runners	Female	F50	1:46:05
266	795	1:46:32	Jason Kelf	Norfolk Gazelles RC	Male	M50	1:46:04
267	282	1:46:35	Malcolm Fisher	Dereham Runners AC	Male	M	1:46:25
268	234	1:46:38	Jason Buck		Male	M40	1:45:43
269	868	1:46:40	Fergus Nolan		Male	M	1:45:45
270	1789	1:46:41	Kevin Matless		Male	M50	1:45:59
271	201	1:46:43	Louie Barby		Male	M	1:46:09
272	643	1:46:45	Donnie Cameron		Male	M	1:46:00
273	273	1:46:46	Martin Edgar		Male	M	1:46:25
274	1019	1:46:51	Mark Yaxley		Male	M	1:46:24
275	214	1:46:52	Jeremy Bell		Male	M45	1:45:40
276	300	1:46:54	Steve Genders		Male	M55	1:46:02
277	738	1:46:57	John Greenhalgh	West Norfolk AC	Male	M50	1:46:31
278	1078	1:46:58	Daisy Donaldson	100 Marathon Club	Female	F	1:46:48
279	546	1:46:59	Nicola Hill	Norwich Road Runners	Female	F40	1:46:46
280	947	1:46:59	Michael Smith		Male	M	1:46:40



Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
281	437	1:46:59	Paul Royall		Male	M45	1:46:25
282	211	1:47:03	Fabien Bedecarrax		Male	M	1:46:35
283	1264	1:47:06	Emma Wilcock	Coltishall Jaguars RC	Female	F	1:46:31
284	1485	1:47:11	Rafal Wisniewski		Male	M45	1:46:48
285	998	1:47:12	Chris Welham		Male	M	1:45:31
286	543	1:47:14	Jane Hannah	Tri-Anglia TC	Female	F	1:46:50
287	595	1:47:20	Matt Bailey		Male	M	1:46:22
288	393	1:47:21	Shane Morgan		Male	M	1:46:42
289	1257	1:47:25	Katrina Wasteneay	West Norfolk AC	Female	F45	1:46:48
290	1785	1:47:27	Matthew Leman		Male	M	1:45:50
291	894	1:47:30	Wayne Ramsbottom	Dereham Runners AC	Male	M50	1:46:57
292	2006	1:47:30	Ilona Utting	Norwich Road Runners	Female	F	1:46:21
293	679	1:47:31	Oliver Dack		Male	M	1:47:04
294	663	1:47:32	Tim Cook	Norfolk Gazelles RC	Male	M45	1:47:02
295	433	1:47:32	Mark Rowlands		Male	M	1:46:42
296	350	1:47:36	Andy Jordan		Male	M45	1:47:17
297	1449	1:47:41	Leslie Slater		Male	M60	1:46:42
298	275	1:47:43	Kevin Engstrom		Male	M	1:47:01
299	301	1:47:48	David George		Male	M50	1:47:24
300	519	1:47:51	Karyn Bray	Bure Valley Harriers	Female	F45	1:47:10
301	2294	1:47:56	Lukasz Supernak	St. Edmunds Pacers	Male	M	1:47:40
302	993	1:47:57	David Ward		Male	M55	1:47:18
303	1405	1:47:58	Richard Moore		Male	M	1:46:58
304	1063	1:47:59	Julie Cooke		Female	F50	1:47:24
305	1423	1:47:59	Robert Read		Male	M50	1:46:50
306	860	1:48:01	Harry Neale		Male	M	1:46:57
307	689	1:48:03	Richard Deswarte		Male	M50	1:47:19
308	188	1:48:08	Stephen Alger		Male	M	1:47:41
309	598	1:48:13	Paul Baisley		Male	M40	1:47:01
310	536	1:48:17	Anne Ellen	Norfolk Gazelles RC	Female	F60	1:47:51
311	1262	1:48:24	Melanie Widdows		Female	F45	1:48:01
312	655	1:48:27	Andrew Clark		Male	M50	1:48:05
313	981	1:48:27	Steven Tuttle		Male	M55	1:48:04
314	910	1:48:27	Matthew Roebuck		Male	M	1:47:56
315	707	1:48:28	Will Finch		Male	M40	1:47:36
316	1160	1:48:32	Irena Marcinek		Female	F	1:48:08
317	2249	1:48:34	Brian Spooner		Male	M60	1:48:19
318	1085	1:48:36	Charlotte El-Labany	Wymondham AC	Female	F	1:48:15
319	190	1:48:39	David Allen		Male	M55	1:47:35
320	306	1:48:41	Danny Godward		Male	M40	1:48:03
321	728	1:48:43	Neil Gooch		Male	M40	1:48:20
322	874	1:48:43	Robert Organ		Male	M	1:47:36
323	2342	1:48:50	Phillip Holland		Male	M45	1:48:21
324	796	1:48:52	James Kent		Male	M	1:48:38
325	1025	1:48:52	Katie Allan		Female	F	1:48:38
326	740	1:48:54	Andrew Griffiths		Male	M50	1:48:06
327	262	1:48:55	Nicholas Day		Male	M50	1:48:02
328	1428	1:48:59	Paul Richardson	Dereham Runners AC	Male	M60	1:48:26
329	827	1:48:59	Paul Malcolm		Male	M55	1:48:13
330	2071	1:49:07	Gabriele Lambert		Female	F	1:48:36
331	376	1:49:08	Mike Lotarius		Male	M	1:48:40
332	991	1:49:16	Robert Walton		Male	M	1:48:06
333	154	1:49:20	Andy Rowles	Dereham Runners AC	Male	M55	1:49:16
334	662	1:49:24	Steve Cook	Norfolk Gazelles RC	Male	M50	1:48:22
335	256	1:49:25	Roly Cook	Norwich Road Runners	Male	M55	1:48:46
336	1161	1:49:26	Marija Markovic		Female	F	1:49:02
337	710	1:49:36	Mark Fowler	Norfolk Gazelles RC	Male	M	1:49:00
338	97	1:49:42	Erik Gibbons	Norwich Road Runners	Male	M	1:49:02
339	1738	1:49:46	Jonny Burrell		Male	M40	1:48:58
340	963	1:49:49	Tim Suswain	Reepham Runners	Male	M	1:48:45
341	1162	1:49:56	Louise Marsden	Tri-Anglia TC	Female	F	1:49:30
342	131	1:49:56	Owen Marsden	Tri-Anglia TC	Male	M	1:49:52
343	2218	1:49:56	Mary Gillings		Female	F45	1:49:39
344	1211	1:50:03	Alison Riches		Female	F40	1:49:19
345	976	1:50:04	Jason Tracy		Male	M	1:49:31
346	834	1:50:05	Steve McCarthy		Male	M50	1:49:18
347	1210	1:50:06	Michelle Reeve		Female	F	1:49:00
348	481	1:50:08	Justin Turner		Male	M45	1:49:48
349	862	1:50:13	Tom Newman		Male	M	1:48:55
350	736	1:50:22	Lee Green		Male	M	1:49:05



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
351	225	1:50:26	Nigel Bradley	Wymondham AC	Male	M55	1:49:16
352	942	1:50:32	Duncan Smith		Male	M55	1:49:20
353	694	1:50:32	Rob Duncan		Male	M	1:49:42
354	1794	1:50:34	Oliver Morgan		Male	M	1:49:23
355	606	1:50:34	Andrew Barkell		Male	M	1:49:13
356	578	1:50:40	Victoria Turrell		Female	F	1:50:28
357	212	1:50:42	Ian Beggs		Male	M50	1:49:55
358	836	1:50:43	Martin McConnell	Norwich Road Runners	Male	M	1:50:18
359	884	1:50:48	Benjamin Peters		Male	M	1:49:35
360	559	1:50:48	Rachel Matthews		Female	F40	1:50:08
361	18	1:50:54	Adam Smith		Male	M	1:50:42
362	605	1:50:54	Leon Barber		Male	M	1:49:42
363	1814	1:50:55	Thomas Sorrell		Male	M	1:50:01
364	977	1:50:56	Paul Tripp		Male	M40	1:50:02
365	1014	1:50:57	Richard Woodard		Male	M50	1:50:06
366	853	1:51:10	Matthew Morley		Male	M45	1:50:20
367	531	1:51:12	Sarah Crockett		Female	F	1:50:28
368	970	1:51:13	Richard Taylor		Male	M	1:50:00
369	908	1:51:14	William Robinson		Male	M	1:50:33
370	2236	1:51:16	Richard Joice		Male	M	1:50:55
371	444	1:51:24	Matthew Seaman		Male	M	1:51:07
372	2293	1:51:25	Liz Van Ingen		Female	F	1:50:35
373	1424	1:51:26	Adam Reynolds		Male	M	1:49:50
374	797	1:51:38	Peter Keogh	Norwich Road Runners	Male	M	1:50:18
375	1453	1:51:40	Matt Smith		Male	M40	1:50:54
376	780	1:51:47	James Jenkinson		Male	M45	1:51:24
377	1322	1:51:55	David Czerwinski		Male	M	1:50:35
378	988	1:52:00	Christopher Wall		Male	M	1:51:09
379	935	1:52:06	Jacob Shilling		Male	M	1:51:56
380	754	1:52:10	Andrew Hart		Male	M50	1:51:25
381	2250	1:52:13	Louise Holland	Wymondham AC	Female	F45	1:50:41
382	953	1:52:18	Martin Spilsted		Male	M45	1:51:47
383	1153	1:52:21	Emma Lowe		Female	F	1:51:51
384	1334	1:52:26	Troy Errington		Male	M	1:51:10
385	474	1:52:27	Jonathan Thetford	Reepham Runners	Male	M45	1:51:22
386	864	1:52:30	Matthew Nichols		Male	M	1:51:01
387	1297	1:52:32	Adam Bezance	Norwich Road Runners	Male	M	1:51:33
388	1374	1:52:33	Scott Hollings		Male	M	1:52:03
389	876	1:52:37	Colin Oswald		Male	M40	1:51:15
390	2254	1:52:40	John Harrison		Male	M	1:51:36
391	718	1:52:44	Anthony Fullam		Male	M45	1:51:44
392	585	1:52:45	Chris Adams		Male	M45	1:50:53
393	856	1:52:45	William Morton		Male	M	1:52:31
394	1994	1:52:46	Samantha Stringer		Female	F	1:52:02
395	483	1:52:54	Gary Tuttle		Male	M50	1:52:11
396	1186	1:52:58	Sarah Norman	Waveney Valley AC	Female	F40	1:52:16
397	551	1:52:59	Louise Isherwood	Norfolk Gazelles RC	Female	F40	1:51:59
398	2227	1:53:05	Jonathan Hood		Male	M	1:52:27
399	544	1:53:10	Kathryn Head	Norfolk Gazelles RC	Female	F	1:52:14
400	1655	1:53:15	Debbie Powles	Norfolk Gazelles RC	Female	F50	1:51:31
401	620	1:53:20	Michael Berridge	Norwich Road Runners	Male	M40	1:52:05
402	1266	1:53:25	Laura Wing		Female	F	1:52:09
403	1500	1:53:30	Freya Bakko		Female	F	1:51:56
404	881	1:53:31	Guy Parkinson		Male	M40	1:52:58
405	189	1:53:33	Greg Allan		Male	M	1:53:02
406	526	1:53:34	Derin Clark		Female	F	1:53:06
407	696	1:53:40	Stephen Edwards		Male	M	1:52:17
408	1877	1:53:40	Lorna Dalziel		Female	F	1:51:06
409	187	1:53:41	David Adderson		Male	M	1:52:47
410	1176	1:53:43	Nicky Morgan	BearCat Running Club	Female	F	1:52:10
411	1469	1:53:53	Oliver Taylor		Male	M	1:53:02
412	678	1:53:55	Patrick Cutting		Male	M50	1:53:07
413	615	1:53:56	Ed Bell		Male	M	1:53:15
414	721	1:53:56	Mark Garrod		Male	M55	1:53:16
415	1099	1:53:57	Catherine Garrod		Female	F50	1:53:39
416	160	1:53:57	Jason Snook		Male	M45	1:53:39
417	401	1:53:57	Andy Palmer	Norwich Road Runners	Male	M50	1:53:32
418	1133	1:53:57	Vicky Jones	Norwich Road Runners	Female	F	1:52:50
419	568	1:53:59	Cheryl O'Sullivan		Female	F40	1:52:56
420	635	1:54:00	David Brown		Male	M	1:52:57



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
421	1380	1:54:01	Mark Hunter-Lines	Dereham Runners AC	Male	M45	1:52:22
422	1044	1:54:06	Lindsay Black		Female	F	1:52:36
423	270	1:54:11	Richard Dye	Bungay Black Dog RC	Male	M55	1:53:09
424	957	1:54:13	W Stewart-Jacks		Male	M	1:52:51
425	537	1:54:14	Melissa Engstrom		Female	F	1:53:33
426	440	1:54:14	Del Salmon		Male	M40	1:53:33
427	607	1:54:15	Anthony Barker		Male	M	1:53:56
428	648	1:54:15	Robert Castle		Male	M	1:53:56
429	2213	1:54:16	Edward Wilson		Male	M	1:53:09
430	631	1:54:20	Andrew Breakspear		Male	M	1:53:09
431	241	1:54:22	Charlie Canham		Male	M40	1:53:18
432	1221	1:54:25	Catherine Scott		Female	F45	1:53:21
433	1001	1:54:27	Ian Whalebelly		Male	M45	1:53:09
434	541	1:54:33	Joanna Godwin	Wymondham AC	Female	F40	1:53:55
435	1045	1:54:35	Esther Bliss		Female	F	1:53:50
436	1164	1:54:37	Beverley Marshall		Female	F	1:53:41
437	2275	1:54:38	Heidi Isbill		Female	F	1:53:41
438	217	1:54:39	Alasdair Birrell		Male	M	1:53:55
439	912	1:54:39	Nick Rowe		Male	M	1:54:13
440	1167	1:54:46	Pippa Maskell		Female	F	1:54:14
441	1185	1:54:50	Susan Nolan		Female	F50	1:53:55
442	1073	1:54:50	Eppie Dawson		Female	F	1:53:55
443	503	1:54:52	Sam Woodgate		Male	M	1:53:10
444	223	1:54:55	Ian Bower		Male	M	1:54:07
445	842	1:55:02	Gary Melton		Male	M	1:54:48
446	1279	1:55:04	Scott Ablett		Male	M	1:54:29
447	2286	1:55:05	Jason Pilbrow	Tri-Anglia TC	Male	M45	1:54:20
448	558	1:55:08	Jessie Martin		Female	F	1:54:44
449	384	1:55:09	Peter Martin		Male	M55	1:54:44
450	897	1:55:16	Joseph Rejek		Male	M	1:53:46
451	683	1:55:16	Kevin Dawson		Male	M	1:53:45
452	1438	1:55:18	Chris Satterley		Male	M40	1:53:54
453	1239	1:55:19	Nouha Tate	Coltishall Jaguars RC	Female	F	1:54:18
454	1502	1:55:20	Kate Bartrum		Female	F	1:54:07
455	666	1:55:27	Tristan Cork		Male	M	1:54:31
456	259	1:55:27	Richard Crossland	Bungay Black Dog RC	Male	M50	1:53:58
457	1832	1:55:29	Samuel Woolcock		Male	M	1:53:53
458	205	1:55:30	Will Barratt		Male	M	1:54:27
459	351	1:55:34	Charlie Kanham		Male	M	1:54:19
460	360	1:55:35	Mark Larwood		Male	M	1:54:43
461	1786	1:55:36	Colin Lockwood		Male	M	1:53:21
462	872	1:55:36	Jurgens Nortje		Male	M45	1:54:17
463	1726	1:55:39	Chris Andrews		Male	M	1:54:53
464	1068	1:55:43	Marian Crossland		Female	F50	1:54:14
465	766	1:55:50	Steven Hitcham	Norwich Road Runners	Male	M	1:54:44
466	959	1:55:51	Christopher Stones		Male	M	1:55:09
467	706	1:55:56	Simon Fields		Male	M45	1:54:28
468	1741	1:55:59	David Burton		Male	M	1:54:06
469	410	1:56:00	Jonathan Phillips		Male	M45	1:55:44
470	1147	1:56:05	Cristina Lemus		Female	F	1:55:05
471	660	1:56:06	Brian Cook		Male	M45	1:55:02
472	779	1:56:08	Phil Janusz		Male	M	1:54:46
473	1227	1:56:08	Libby Smith		Female	F	1:54:57
474	664	1:56:12	Andrew Cooper	Norwich Road Runners	Male	M	1:55:00
475	224	1:56:12	Neil Boyce	Norwich Road Runners	Male	M40	1:55:24
476	1152	1:56:13	Kyla Love		Female	F	1:55:31
477	880	1:56:15	Andrew Parkins		Male	M	1:55:02
478	1383	1:56:18	Jonathan Jarrold		Male	M	1:55:16
479	349	1:56:18	Matthew Jones		Male	M	1:54:51
480	1094	1:56:20	Leanne Forster		Female	F	1:55:11
481	308	1:56:22	Stephen Gook		Male	M50	1:56:06
482	1003	1:56:25	Mark White		Male	M45	1:55:51
483	2303	1:56:33	Luke Collins		Male	M	1:55:42
484	1091	1:56:34	Agnes Fitzpatrick	King's College London Cross Country RC	Female	F	1:55:24
485	292	1:56:37	Michael Freeman		Male	M	1:56:05
486	717	1:56:40	Richard Frosdick		Male	M	1:55:18
487	1571	1:56:43	Jessica Gossett		Female	F	1:55:07
488	1011	1:56:50	Nick Wilson		Male	M40	1:55:27
489	1195	1:56:54	Julie Phillips		Female	F	1:55:54
490	1314	1:56:55	Dean Cook		Male	M	1:55:19



## City of Norwich Half Marathon

County Championships - 15th April 2018

**RESULT****CHAMPIONSHIP**

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
491	917	1:56:57	Neil Sallis		Male	M40	1:55:49
492	1608	1:57:00	Erin Keating		Female	F	1:56:43
493	2203	1:57:02	Jason Brook		Male	M	1:55:38
494	298	1:57:03	Jack Gallifant		Male	M	1:55:53
495	2349	1:57:03	Jacob Smith		Male	M	1:55:53
496	743	1:57:03	Liam Hackett	Norwich Road Runners	Male	M	1:55:43
497	1064	1:57:04	Claire Cork		Female	F	1:56:08
498	1929	1:57:05	Fay King		Female	F	1:55:21
499	1139	1:57:06	Rebecca Kirby		Female	F	1:56:03
500	673	1:57:07	Ian Cummings		Male	M50	1:55:36
501	828	1:57:08	Ian Maloney	Road Runners Club	Male	M55	1:55:12
502	1779	1:57:11	Clive Johnson		Male	M45	1:56:46
503	762	1:57:14	James Hernon		Male	M45	1:56:31
504	950	1:57:18	Ian Snowsill		Male	M	1:55:55
505	851	1:57:23	Hector Moore		Male	M	1:56:48
506	674	1:57:24	Stewart Curson		Male	M	1:56:41
507	2291	1:57:26	Jonathan Jones		Male	M60	1:55:42
508	890	1:57:32	Robert Prettyman		Male	M	1:56:57
509	869	1:57:32	Richard Nolan		Male	M50	1:56:38
510	824	1:57:35	Calum MacRae		Male	M45	1:56:56
511	1047	1:57:40	Faith Bradbury		Female	F45	1:56:30
512	2326	1:57:43	Sally Lee	Dereham Runners AC	Female	F	1:56:45
513	646	1:57:48	Leon Carrara		Male	M55	1:55:28
514	1187	1:58:02	Helen Osborne		Female	F	1:57:25
515	412	1:58:03	Mark Philo	Tri-Anglia TC	Male	M50	1:55:35
516	999	1:58:03	Tony Wenlock	Tri-Anglia TC	Male	M60	1:55:41
517	1118	1:58:04	Ruth Hedge		Female	F40	1:57:16
518	484	1:58:06	Chris Varley		Male	M45	1:57:28
519	784	1:58:09	Mike Jolly	Reepham Runners	Male	M45	1:57:05
520	845	1:58:12	Henry Mills		Male	M	1:56:52
521	759	1:58:13	Jonathan Haywood		Male	M	1:57:06
522	338	1:58:17	Ray Howard		Male	M55	1:56:57
523	588	1:58:19	Ivan Allen	North Norfolk Beach Runners	Male	M50	1:57:36
524	1746	1:58:25	Neil Collins		Male	M45	1:56:31
525	2124	1:58:25	Tony Osborn		Male	M40	1:57:27
526	1275	1:58:34	Charlotte Wyndham		Female	F	1:57:54
527	517	1:58:35	Megan Bateman		Female	F	1:58:09
528	304	1:58:35	Joe Girling		Male	M	1:58:09
529	587	1:58:36	John Algar	Great Yarmouth Road Runners	Male	M	1:56:49
530	1546	1:58:37	Elizabeth Earwaker		Female	F	1:57:08
531	2351	1:58:38	Martin Brigden		Male	M60	1:57:51
532	369	1:58:39	Michael Lewis		Male	M50	1:57:54
533	812	1:58:39	Neil Lawes		Male	M45	1:57:25
534	323	1:58:39	David Hart		Male	M	1:58:24
535	1184	1:58:41	Laura Noakes		Female	F	1:56:44
536	1434	1:58:49	Thomas Rose		Male	M	1:57:41
537	1229	1:58:50	Vicky Smith		Female	F	1:57:13
538	1041	1:58:52	Carol Betts	Norfolk Gazelles RC	Female	F60	1:58:26
539	729	1:58:53	Barney Goodrum		Male	M45	1:58:04
540	420	1:58:54	Paul Reeve	Great Yarmouth Road Runners	Male	M45	1:58:05
541	1766	1:58:54	Arthur Graham		Male	M	1:58:19
542	1255	1:58:56	Lucy Walker		Female	F	1:57:48
543	1062	1:58:58	Anneke Cook	Wymondham AC	Female	F50	1:57:27
544	1605	1:58:58	Pippa Joy		Female	F	1:57:30
545	1031	1:59:00	Jessica Ashley		Female	F45	1:57:37
546	1545	1:59:00	Claire Dye		Female	F	1:57:50
547	2120	1:59:01	Carl Leon		Male	M	1:56:11
548	1781	1:59:03	Kian Kordtomeikel		Male	M	1:56:50
549	2308	1:59:05	Paul Anthony Choak		Male	M65	1:58:42
550	909	1:59:06	Stephen Roe	North Norfolk Beach Runners	Male	M50	1:57:28
551	1495	1:59:11	Gemma Aylen	Great Yarmouth Road Runners	Female	F	1:57:29
552	727	1:59:16	James Goldsmith		Male	M	1:57:22
553	353	1:59:17	Grant King		Male	M40	1:57:58
554	1018	1:59:17	James Wynn		Male	M	1:57:08
555	1653	1:59:18	Caroline Pocock		Female	F	1:57:45
556	1319	1:59:19	David Crotch		Male	M55	1:56:58
557	1163	1:59:24	Tracey Marsh		Female	F45	1:58:18
558	1035	1:59:26	Katrina Bavin		Female	F	1:57:45
559	820	1:59:29	Jamie Love		Male	M	1:58:53
560	2211	1:59:30	Jane Beales		Female	F45	1:58:27





# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
561	1817	1:59:34	Jared Stanton		Male	M	1:57:25
562	734	1:59:35	Dean Gray	Norwich Road Runners	Male	M55	1:58:33
563	469	1:59:35	Roland Talbot	Coltishall Jaguars RC	Male	M60	1:58:34
564	566	1:59:36	Sophie Mullan		Female	F	1:57:48
565	395	1:59:36	Thomas Mullan		Male	M	1:57:48
566	1124	1:59:37	Louise Hudson	Dereham Runners AC	Female	F	1:58:40
567	1305	1:59:38	Clive Cartner	Coltishall Jaguars RC	Male	M	1:58:16
568	1505	1:59:38	Angela Bell	Coltishall Jaguars RC	Female	F40	1:58:15
569	800	1:59:40	Christopher Kett		Male	M	1:59:29
570	1286	1:59:41	Will Appleyard		Male	M	1:58:11
571	1216	1:59:43	Jude Ruddock		Female	F45	1:59:09
572	1205	1:59:44	Jessica Ransome		Female	F	1:59:10
573	1042	1:59:45	Tanya Betts		Female	F45	1:58:57
574	1028	1:59:45	Marianne Armstrong	Norwich Road Runners	Female	F	1:59:17
575	765	1:59:47	Stephen Hill		Male	M45	1:58:39
576	665	1:59:49	Jeremy Corfe		Male	M40	1:58:21
577	342	1:59:52	Mark Hurren		Male	M	1:59:05
578	1253	1:59:53	Kerry Varley		Female	F40	1:59:15
579	1350	1:59:55	Tim Garrod		Male	M45	1:58:47
580	309	2:00:00	Tom Goswell		Male	M	1:58:35
581	1299	2:00:02	Ian Bowers		Male	M50	1:58:48
582	613	2:00:03	Phillip Bazley		Male	M40	1:57:54
583	708	2:00:06	Colin Fish		Male	M55	1:58:18
584	1391	2:00:09	Andy Kurton		Male	M40	1:59:03
585	1616	2:00:09	Kamila Krzykowska		Female	F	1:58:18
586	858	2:00:10	Chris Mullender		Male	M45	1:59:35
587	1865	2:00:13	Marta Catalano		Female	F	1:58:10
588	1115	2:00:15	Sarah Harvey		Female	F45	1:59:32
589	806	2:00:15	Leo Kleinberg		Male	M40	1:58:47
590	752	2:00:16	Lawrence Hare		Male	M	1:58:46
591	751	2:00:23	Benjamin Hardie		Male	M	1:58:07
592	980	2:00:31	Denis Tuttle		Male	M60	1:58:35
593	2269	2:00:40	Matthew Pummell		Male	M	1:59:34
594	2106	2:00:43	Leigh Carey		Male	M40	1:59:53
595	2196	2:00:47	Finbarr O'Brien		Male	M	1:59:19
596	705	2:00:48	Lea Fennelly		Male	M40	1:59:45
597	813	2:00:50	Simon Lawler		Male	M55	1:59:27
598	1672	2:00:51	Bobbie Sauerzapf	Bungay Black Dog RC	Female	F55	1:59:13
599	1090	2:00:55	Emma Fiddy		Female	F	1:58:25
600	619	2:00:58	Richard Bennett		Male	M45	1:59:18
601	1046	2:00:58	Leanne Botwright	Bure Valley Harriers	Female	F	1:59:45
602	616	2:01:00	Russell Bell		Male	M45	1:59:44
603	1506	2:01:01	Kirsty Bell		Female	F40	1:59:44
604	1104	2:01:02	Kate Gooding		Female	F	2:00:06
605	645	2:01:12	Christopher Carr	Norwich Road Runners	Male	M	1:59:34
606	1175	2:01:14	Ellie Morgan		Female	F	2:00:35
607	1302	2:01:14	Daniel Brock		Male	M	1:59:59
608	750	2:01:15	Sam Harbrow		Male	M	1:59:33
609	1191	2:01:15	Anna Paterson		Female	F	1:59:33
610	1870	2:01:18	Megan Cook		Female	F	2:00:02
611	634	2:01:23	Alex Broome		Male	M	1:59:45
612	191	2:01:24	Richard Allen		Male	M45	2:00:37
613	1148	2:01:29	Annie Leung	Norwich Road Runners	Female	F40	2:00:25
614	1112	2:01:36	Beth Hall-Thompson		Female	F40	1:59:25
615	314	2:01:40	Chris Groves	Tri Athletes TC	Male	M65	2:00:11
616	1390	2:01:47	Scott Knight		Male	M	1:59:59
617	532	2:01:53	Carla Da Silva	Norwich Road Runners	Female	F	2:01:31
618	1222	2:02:03	Georgina Sexton	Tri-Anglia TC	Female	F	2:00:22
619	810	2:02:08	David Langley		Male	M	2:00:59
620	490	2:02:08	Ben Warnes	Royal Air Force AC	Male	M	2:00:59
621	701	2:02:18	Brian Ewens		Male	M	2:01:57
622	644	2:02:20	Simon Carnell	Norwich Road Runners	Male	M50	2:00:23
623	2018	2:02:21	Charlotte Wickham		Female	F40	2:00:06
624	1914	2:02:23	Charlotte Hood		Female	F	2:00:48
625	494	2:02:28	Samuel Whitham		Male	M	2:01:05
626	1419	2:02:30	Jack Purcell		Male	M	2:00:43
627	1732	2:02:31	Stevie Bell		Male	M45	2:00:23
628	974	2:02:31	Gavin Thouless	Norwich Road Runners	Male	M45	2:01:52
629	596	2:02:32	Ricky Bailey	West Norfolk AC	Male	M50	2:01:55
630	1376	2:02:32	Dave Hollis	Norwich Road Runners	Male	M60	2:01:06



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
631	680	2:02:37	Chris Dann		Male	M40	2:02:07
632	1694	2:02:40	Kelly Towell		Female	F	2:01:26
633	1172	2:02:43	Kerry Metcalf	Norwich Road Runners	Female	F	2:01:42
634	1803	2:02:54	Dean Pitt		Male	M	2:01:48
635	236	2:02:55	Jack Burgess		Male	M	2:02:04
636	456	2:03:07	Rupert Smith		Male	M	2:02:36
637	1017	2:03:09	Peter Wroth		Male	M	2:01:36
638	1183	2:03:12	Rebecca Nicholson		Female	F	2:02:25
639	1532	2:03:13	Hayley Clarke		Female	F	2:02:15
640	1518	2:03:15	Toni Brimson		Female	F	2:00:57
641	895	2:03:19	Bernd Rechel	Tri-Anglia TC	Male	M45	2:00:46
642	1260	2:03:29	Fay Wheeler	Wymondham AC	Female	F40	2:01:49
643	1900	2:03:30	Penny Galey		Female	F40	2:02:36
644	2135	2:03:32	Alex Towler		Male	M	2:00:57
645	964	2:03:34	Samuel Sutton		Male	M	2:01:16
646	794	2:03:39	Mark Keenan		Male	M40	2:00:55
647	1833	2:03:50	Paul Young		Male	M	2:03:18
648	1723	2:03:53	Emma Yardy		Female	F	2:01:57
649	1484	2:03:54	Stephen Wiseman		Male	M50	2:01:57
650	1811	2:04:02	Adrian Scott		Male	M40	2:03:26
651	771	2:04:06	Paul Howard		Male	M	2:02:52
652	875	2:04:08	Dan Osborne		Male	M40	2:03:20
653	1310	2:04:16	Jonathan Cole		Male	M	2:02:55
654	684	2:04:17	Pierre Delhougne		Male	M	2:02:22
655	365	2:04:21	Will Lawson-Brown		Male	M	2:03:56
656	557	2:04:22	Briony Lowe		Female	F	2:03:56
657	811	2:04:26	Sam Lardner		Male	M	2:03:30
658	1488	2:04:36	Jack Woodhouse		Male	M	2:02:38
659	1060	2:04:38	Sarah Cole		Female	F	2:03:16
660	1554	2:04:39	Sarah Fordham		Female	F	2:03:23
661	835	2:04:47	Adam McClelland		Male	M	2:02:24
662	1049	2:04:56	Grace Brown		Female	F	2:03:55
663	2350	2:05:01	Georgina Paganini		Female	F	2:03:19
664	1626	2:05:04	Andrea Marshall		Female	F45	2:03:34
665	1644	2:05:09	Hope Paganini		Female	F	2:03:27
666	2285	2:05:10	Tracey Melville		Female	F45	2:04:24
667	1179	2:05:11	Jennifer Neave	Dereham Runners AC	Female	F	2:03:34
668	1089	2:05:13	Katie Fenn	Coltishall Jaguars RC	Female	F	2:03:17
669	867	2:05:14	Daniel Nixon		Male	M	2:03:41
670	1226	2:05:16	Leah Smith		Female	F	2:03:16
671	1493	2:05:22	Frances Anderson		Female	F	2:03:59
672	783	2:05:27	Julian Johnson		Male	M45	2:04:53
673	1146	2:05:30	Susan Larke		Female	F40	2:04:57
674	1927	2:05:32	Nicola Kermez		Female	F	2:05:14
675	1134	2:05:34	Zara Joyce		Female	F	2:04:01
676	1005	2:05:34	Lee Wicks	100 Marathon Club	Male	M	2:03:56
677	1734	2:05:41	Paul Bourke		Male	M45	2:04:55
678	1071	2:05:44	Anna Daniels		Female	F	2:04:01
679	1486	2:05:46	Andy Wolfe		Male	M40	2:03:03
680	1450	2:05:49	Joseph Smalls		Male	M	2:04:11
681	1173	2:05:51	Thu Millsted		Female	F	2:03:35
682	1344	2:05:55	Nick Fox		Male	M	2:04:05
683	1109	2:05:59	C-J Green		Female	F	2:04:40
684	686	2:06:03	Neil Dennis	Stowmarket Striders RC	Male	M	2:04:59
685	1447	2:06:05	Stuart Silvester		Male	M45	2:04:41
686	1816	2:06:05	James Spurgeon		Male	M40	2:04:41
687	1471	2:06:08	David Thornhill		Male	M40	2:05:30
688	627	2:06:08	Vivien Bodereau		Male	M	2:04:28
689	2201	2:06:11	Krzysztof Szewczyk		Male	M40	2:04:18
690	2056	2:06:16	Valerie Goddard		Female	F60	2:04:32
691	1557	2:06:19	Cathy Forth		Female	F45	2:04:55
692	375	2:06:19	Jacob Loose		Male	M	2:05:47
693	2122	2:06:19	Darren Maskell		Male	M45	2:05:23
694	1409	2:06:20	Brett Norton		Male	M40	2:04:53
695	1773	2:06:22	Stephen Hinde		Male	M50	2:04:20
696	1618	2:06:23	Tamsin Leah		Female	F	2:04:38
697	1701	2:06:26	Yvonne Walker	Wymondham AC	Female	F40	2:04:28
698	659	2:06:30	Mike Collins		Male	M65	2:04:47
699	1304	2:06:36	Kyle Canning		Male	M	2:03:52
700	1456	2:06:40	Stewart South		Male	M70	2:04:36



Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
701	735	2:06:41	Frazer Green		Male	M45	2:05:22
702	1057	2:06:42	Melanie Chaplin		Female	F40	2:05:04
703	1004	2:06:43	Andrew Whiting		Male	M	2:04:43
704	1796	2:06:45	Shaun Oastler		Male	M	2:06:11
705	1290	2:06:45	Stephen Barker		Male	M50	2:04:45
706	1752	2:06:50	Taylor De Sousa		Male	M	2:04:07
707	922	2:06:59	Peter Scarfe		Male	M	2:06:11
708	786	2:07:04	Dan Jones	Norfolk Gazelles RC	Male	M	2:05:14
709	1629	2:07:04	Rose Meleady		Female	F	2:05:14
710	2327	2:07:05	Lauren Kemp		Female	F	2:06:35
711	1765	2:07:05	Alfie Gotts		Male	M55	2:05:15
712	1110	2:07:06	Danielle Hall		Female	F40	2:06:14
713	1385	2:07:06	Martin Jones	Wymondham AC	Male	M	2:05:26
714	1281	2:07:10	Simon Aldridge		Male	M	2:05:20
715	1725	2:07:11	David Abbs		Male	M	2:04:52
716	1228	2:07:15	Sadie Smith		Female	F40	2:05:32
717	1026	2:07:16	Julia Allum		Female	F40	2:05:11
718	1010	2:07:21	Harry Wilson		Male	M	2:06:16
719	1291	2:07:21	Neil Barlow		Male	M45	2:04:41
720	1177	2:07:22	Vanessa Munford		Female	F40	2:05:07
721	1924	2:07:22	Sharon Jones	Coltishall Jaguars RC	Female	F50	2:06:02
722	2340	2:07:22	Martyn Gillett		Male	M50	2:04:57
723	1258	2:07:30	Laura Waters		Female	F40	2:04:57
724	1278	2:07:42	Peter Abbey		Male	M60	2:06:03
725	1293	2:07:42	Ollie Barrowclough		Male	M	2:05:44
726	966	2:07:43	Ali Tassie		Male	M	2:05:02
727	2054	2:07:47	Kayleigh Gibbons	Norwich Road Runners	Female	F	2:06:32
728	2319	2:07:48	Theresa Downes		Female	F	2:06:05
729	1717	2:08:00	Mary Wilson		Female	F50	2:07:09
730	1567	2:08:03	Amanda Goldsmith		Female	F45	2:05:51
731	1441	2:08:07	James Schaitel		Male	M	2:07:26
732	1504	2:08:07	Claire Beckett		Female	F45	2:07:05
733	170	2:08:07	Jason Tuttle		Male	M	2:07:08
734	924	2:08:07	Andy Scottow		Male	M	2:07:08
735	1169	2:08:08	Lucy McCallum		Female	F	2:05:39
736	1232	2:08:09	M Steinhauser		Female	F	2:06:29
737	1393	2:08:10	Barney Lee		Male	M	2:07:29
738	939	2:08:17	Anthony Sinden	Beccles and Bungay Harriers	Male	M40	2:07:55
739	2229	2:08:25	Paul Cracknell		Male	M40	2:05:50
740	1568	2:08:27	Emma Goldsmith		Female	F40	2:06:12
741	1300	2:08:28	Simon Bowles		Male	M45	2:06:35
742	990	2:08:30	Darren Walsgrove		Male	M45	2:06:10
743	1610	2:08:30	Rachele Kelsall		Female	F45	2:06:10
744	1983	2:08:40	Sadie Sharman		Female	F	2:06:53
745	1970	2:08:40	Sarah Pitt		Female	F	2:07:32
746	843	2:08:40	Ricardo Mendes		Male	M	2:06:39
747	1724	2:08:48	Caroline Youngman		Female	F	2:06:33
748	1199	2:08:55	Kerry Porteous		Female	F40	2:06:55
749	1858	2:09:00	Lucy Burr		Female	F	2:06:50
750	785	2:09:00	Ben Jones		Male	M	2:07:42
751	1475	2:09:05	Antony Warner		Male	M40	2:06:14
752	1551	2:09:26	Steph Evans	Norfolk Gazelles RC	Female	F	2:07:53
753	1658	2:09:26	Nicola Rands	North Norfolk Beach Runners	Female	F50	2:07:43
754	218	2:09:27	Kurt Bish		Male	M	2:09:12
755	1157	2:09:28	Sam MacIntosh		Female	F	2:08:51
756	1403	2:09:31	Alastair McCartney		Male	M40	2:08:08
757	1798	2:09:31	David Partington		Male	M45	2:07:05
758	676	2:09:33	James Curtis		Male	M	2:09:14
759	1303	2:09:39	Peter Buxton		Male	M50	2:08:59
760	1628	2:09:45	J McNeill-Moss		Female	F	2:09:17
761	435	2:09:46	Thomas Rowley		Male	M	2:09:13
762	987	2:09:48	Benjamin Wall		Male	M	2:08:58
763	1399	2:09:48	Robert Martin		Male	M	2:07:18
764	1410	2:09:50	M Ike Ottley	Reepham Runners	Male	M75	2:07:32
765	1558	2:09:52	Beatrice Fox		Female	F	2:07:21
766	1698	2:09:58	Tanna Van Poortvliet		Female	F	2:09:07
767	1661	2:09:59	Jazmine Rennie		Female	F	2:09:08
768	818	2:10:07	Jurgen Long		Male	M	2:08:22
769	597	2:10:11	Rob Bailey	Great Yarmouth Road Runners	Male	M50	2:08:30
770	1244	2:10:11	Jane Thomas	Great Yarmouth Road Runners	Female	F40	2:09:27



Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
771	1336	2:10:19	Mark Escott		Male	M45	2:09:02
772	1921	2:10:26	Kate Jackson		Female	F40	2:08:31
773	668	2:10:29	Ben Cracknell		Male	M	2:09:13
774	1220	2:10:29	Harriet Schofield		Female	F	2:09:12
775	1737	2:10:29	Liam Buffin		Male	M	2:08:43
776	1650	2:10:31	Anna Penrose		Female	F45	2:08:20
777	2137	2:10:34	James Wright		Male	M	2:08:03
778	2116	2:10:34	Nathan Hudson		Male	M	2:08:04
779	507	2:10:34	Christopher Wright		Male	M45	2:09:03
780	1002	2:10:36	Iain White		Male	M65	2:09:07
781	1930	2:10:36	Becky Kingsland	Diss & District AC	Female	F	2:08:46
782	1357	2:10:38	Matthew Hall		Male	M	2:08:51
783	1889	2:10:38	Sarah Emerson		Female	F	2:08:52
784	803	2:10:38	Tom King		Male	M	2:08:52
785	1372	2:10:43	Ian Hollings		Male	M50	2:08:56
786	1848	2:10:53	Amanda Bidgood		Female	F	2:09:17
787	1332	2:10:53	Tony Edwards		Male	M55	2:08:26
788	1398	2:10:54	Raphael Markellos		Male	M45	2:08:21
789	1165	2:10:55	Thakeni Marston		Female	F	2:09:49
790	1050	2:10:55	Melanie Holl		Female	F	2:09:16
791	1690	2:10:56	Anna Thorpe	Norwich Road Runners	Female	F	2:09:05
792	749	2:10:59	Thomas Hanna		Male	M40	2:09:14
793	1995	2:11:04	Charlotte Swann		Female	F	2:08:47
794	1685	2:11:04	Katie Swann		Female	F	2:08:48
795	1067	2:11:04	Juliet Coutts		Female	F	2:09:28
796	2336	2:11:08	Emma Dady		Female	F	2:09:26
797	1969	2:11:10	Kelly Phillips		Female	F	2:08:31
798	424	2:11:12	Thomas Robbins		Male	M	2:10:19
799	1519	2:11:12	Caroline Britton		Female	F40	2:09:13
800	1611	2:11:17	Deborah Kennedy	Basildon AC (Basildon)	Female	F55	2:09:31
801	2298	2:11:21	Nigel Bullen	Norfolk Gazelles RC	Male	M60	2:10:09
802	1639	2:11:31	Holly Mudie		Female	F	2:10:51
803	1083	2:11:32	Jackie Eastaugh-King	Norwich Road Runners	Female	F55	2:10:06
804	973	2:11:35	Martin Thornhill		Male	M45	2:10:58
805	1686	2:11:37	Donna Tarr		Female	F	2:09:48
806	1474	2:11:39	Alex Wallace	Goodgym Race Team	Male	M	2:09:47
807	1593	2:11:41	Lynda Howard		Female	F45	2:10:22
808	2175	2:11:41	Emma Pollington		Female	F40	2:09:42
809	378	2:11:42	Robin Lubach		Male	M	2:09:55
810	1589	2:11:42	Emma Holmes		Female	F40	2:09:44
811	1431	2:11:42	Mark Riseborough		Male	M40	2:09:13
812	1514	2:11:44	Kayley Boreham		Female	F	2:10:09
813	776	2:11:44	Mark Hunter		Male	M50	2:10:08
814	1397	2:11:45	David MacHin		Male	M50	2:10:09
815	2127	2:11:45	Mike Roughsedge		Male	M	2:09:21
816	1040	2:11:47	Judith Berry		Female	F40	2:09:52
817	1978	2:11:47	Kayleigh Ridgewell		Female	F	2:09:52
818	1166	2:11:52	M Martinez De Alvaro		Female	F40	2:09:58
819	1473	2:11:52	Andrew Vout		Male	M	2:11:12
820	1805	2:11:54	Kaleb Raby		Male	M	2:11:02
821	630	2:11:56	Andy Bradley		Male	M45	2:10:08
822	1622	2:11:59	Aimee Long		Female	F40	2:10:35
823	985	2:12:12	Scott Walker		Male	M	2:12:01
824	1054	2:12:14	Lucy Burton		Female	F	2:10:40
825	1880	2:12:17	Rachel Devonshire		Female	F	2:10:21
826	1932	2:12:22	Vicky Last	North Norfolk Beach Runners	Female	F	2:09:47
827	1077	2:12:23	Lynda Dobbs		Female	F45	2:10:18
828	1728	2:12:24	Jon Archer		Male	M	2:10:34
829	347	2:12:26	Ian Jones		Male	M45	2:11:18
830	1420	2:12:27	Phil Rapley		Male	M45	2:10:39
831	1024	2:12:37	Elise Aho		Female	F	2:11:29
832	1651	2:12:38	Laura Pitchford		Female	F	2:10:46
833	1566	2:12:39	Edwina Gold		Female	F	2:12:21
834	2207	2:12:44	Fiona Smith		Female	F	2:10:05
835	1511	2:12:45	Neesha Bloomfield		Female	F	2:11:12
836	1193	2:12:45	Sarah Pearson		Female	F	2:10:40
837	778	2:12:47	Edward Jacobs		Male	M	2:11:26
838	2247	2:12:47	Kate Ledwidge		Female	F	2:11:27
839	2354	2:12:49	William Baines		Male	M	2:10:28
840	1029	2:12:56	Lucy Arora		Female	F	2:12:09



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
841	764	2:13:02	Chris Hill		Male	M40	2:12:22
842	1194	2:13:02	Michele Perry		Female	F	2:10:36
843	1979	2:13:02	Sally Rix		Female	F	2:12:22
844	1553	2:13:03	Clare Farrant		Female	F	2:10:45
845	1412	2:13:06	Greg Pearson	Reepham Runners	Male	M40	2:10:49
846	1325	2:13:07	Christopher Dobinson		Male	M45	2:11:40
847	1137	2:13:16	Hannah Killick		Female	F	2:11:52
848	775	2:13:17	Xiaoxu Huang		Male	M	2:12:47
849	1645	2:13:21	Anna Palmer		Female	F	2:11:51
850	1708	2:13:23	Rachel Welch		Female	F	2:11:13
851	1121	2:13:23	Alison Hood		Female	F40	2:11:20
852	951	2:13:24	Gary Spackman		Male	M50	2:11:13
853	1640	2:13:24	Tracey Mulcahy		Female	F40	2:11:13
854	1572	2:13:24	Liza Gotts		Female	F	2:11:14
855	1345	2:13:30	Gary Franklin		Male	M	2:11:27
856	1729	2:13:36	David Ball		Male	M45	2:12:39
857	1977	2:13:37	Naomi Reid		Female	F	2:11:28
858	1119	2:13:43	Samantha Hele		Female	F45	2:12:54
859	1328	2:13:45	James Driscoll		Male	M40	2:12:26
860	1681	2:13:50	Sheila Smith		Female	F65	2:11:48
861	1642	2:13:50	Lyn Ottaway	Wymondham AC	Female	F40	2:13:06
862	1483	2:13:52	Mark Winterburn		Male	M55	2:12:49
863	1884	2:13:55	Jodie Drake		Female	F	2:12:09
864	1748	2:13:55	M Correa Sicoli Junior		Male	M40	2:11:40
865	2100	2:13:56	Gillian Watson		Female	F	2:13:15
866	1414	2:13:56	Kenny Philpot		Male	M60	2:12:11
867	1371	2:13:57	John Hirst		Male	M50	2:12:38
868	1835	2:13:58	Louise Adamson	Waveney Valley AC	Female	F55	2:11:44
869	441	2:13:59	Michael Sambells		Male	M40	2:12:32
870	1718	2:14:03	Lauren Winstanley		Female	F	2:12:51
871	2212	2:14:07	Steven Ward		Male	M	2:11:40
872	40	2:14:13	Kirsty Paradot	City of Norwich AC	Female	F40	2:11:55
873	1386	2:14:14	Robert Jones		Male	M40	2:12:41
874	2189	2:14:16	Julian Delicata		Male	M	2:13:38
875	755	2:14:19	Connor Harwood		Male	M	2:12:10
876	1878	2:14:19	Briony Dawes		Female	F	2:13:09
877	1948	2:14:20	Rebecca Mison		Female	F	2:13:10
878	1111	2:14:25	Stephanie Hall		Female	F	2:13:25
879	1859	2:14:27	Nicola Bury		Female	F40	2:12:13
880	1349	2:14:28	Ian Gardner	Bungay Black Dog RC	Male	M60	2:11:56
881	302	2:14:32	Simon George		Male	M45	2:11:56
882	278	2:14:33	Luke Fairweather		Male	M	2:13:08
883	1490	2:14:44	Helen Alefounder		Female	F40	2:12:25
884	1373	2:14:47	Richard Hollings		Male	M45	2:13:03
885	1944	2:15:02	Rebecca McCullagh		Female	F	2:12:40
886	919	2:15:02	C Sargisson		Male	M50	2:12:46
887	2314	2:15:16	William Roffey	Tri-Anglia TC	Male	M	2:12:50
888	1684	2:15:22	Hannah Suswain		Female	F	2:13:04
889	1569	2:15:23	Clare Gooch	Norwich Road Runners	Female	F40	2:13:39
890	527	2:15:33	Theresa Colby	Norwich Road Runners	Female	F45	2:15:06
891	1599	2:15:33	Louise Hurr	Norfolk Gazelles RC	Female	F50	2:15:06
892	1552	2:15:35	Teresa Fallon		Female	F45	2:12:52
893	1740	2:15:40	Danny Burton		Male	M	2:13:37
894	1688	2:15:45	Davina Tebbutt		Female	F	2:13:32
895	1531	2:15:48	Lydia Chatwin		Female	F	2:13:36
896	1935	2:15:49	Sarah Long		Female	F40	2:15:12
897	2009	2:15:49	Joanna Wallis-Fahy		Female	F	2:15:12
898	1784	2:15:51	Ivan Lees	Great Yarmouth Road Runners	Male	M60	2:13:16
899	1327	2:15:54	Neville Draper		Male	M55	2:14:11
900	1108	2:16:02	Shannen Greaves		Female	F	2:14:13
901	1189	2:16:02	Claire Parish		Female	F	2:15:03
902	1806	2:16:04	Benjamin Robinson		Male	M	2:13:54
903	35	2:16:09	Adrian Rutterford	City of Norwich AC	Male	M55	2:14:39
904	1480	2:16:16	Aaron Wiggins		Male	M	2:14:31
905	906	2:16:17	Derek Robertson	Tri-Anglia TC	Male	M45	2:14:57
906	1667	2:16:17	Claire Robertson		Female	F40	2:14:57
907	1576	2:16:19	Lorraine Grant		Female	F	2:14:01
908	1141	2:16:20	Sarah Knapp	Norfolk Gazelles RC	Female	F	2:14:31
909	1468	2:16:27	James Tarling		Male	M40	2:14:10
910	2305	2:16:30	Keith Burnett		Male	M45	2:16:07



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
911	1602	2:16:32	Amy Jenkins	Norwich Road Runners	Female	F	2:14:05
912	865	2:16:35	Paul Nicholson		Male	M60	2:13:52
913	799	2:16:36	John Kerkham		Male	M50	2:15:20
914	1939	2:16:36	Katherine Mann	Norwich Road Runners	Female	F45	2:14:27
915	829	2:16:37	Stuart Mann	Norwich Road Runners	Male	M50	2:14:27
916	1575	2:16:38	Samantha Grainger		Female	F45	2:15:19
917	1086	2:16:38	Emma Elliott		Female	F	2:14:20
918	1857	2:16:43	Lydia Brownlow		Female	F	2:14:30
919	1521	2:16:44	Leann Browne		Female	F40	2:15:49
920	1408	2:16:52	George Nicholls		Male	M	2:15:37
921	1968	2:16:52	Vyvian Perry		Female	F	2:14:23
922	1682	2:16:53	Anna Stimpson		Female	F	2:14:18
923	1103	2:16:53	Claire Gilbert		Female	F	2:14:17
924	790	2:17:02	Rajeev Kalia		Male	M55	2:14:21
925	1129	2:17:08	Helen James		Female	F	2:15:59
926	1472	2:17:16	Graham Turner		Male	M	2:16:38
927	1033	2:17:17	Georgia Banbury		Female	F	2:15:31
928	830	2:17:17	Tom Margitson		Male	M	2:14:51
929	2261	2:17:18	Luke Fitzgerald		Male	M	2:16:55
930	38	2:17:25	Valerie Gidney	City of Norwich AC	Female	F50	2:15:20
931	1273	2:17:25	Abi Wright		Female	F	2:15:02
932	1674	2:17:30	Hayley Sendall		Female	F40	2:16:12
933	2051	2:17:35	Kayleigh Ellwood		Female	F	2:15:05
934	1547	2:17:35	Linda Edwards		Female	F40	2:15:07
935	2109	2:17:35	Grahame Deverson		Male	M40	2:14:44
936	2112	2:17:55	Victor Goodman		Male	M60	2:15:05
937	2107	2:17:56	Robert Crawford		Male	M	2:15:05
938	669	2:17:56	Martin Craske		Male	M	2:15:48
939	852	2:18:02	Terry Moore		Male	M55	2:17:26
940	1776	2:18:15	Matthew Hubbard		Male	M	2:16:34
941	1990	2:18:19	Lorraine Stammers		Female	F50	2:16:35
942	726	2:18:27	Ian Golden	Didcot Runners	Male	M45	2:17:13
943	1934	2:18:30	Emma Lincoln	Norwich Road Runners	Female	F	2:16:04
944	2002	2:18:31	Victoria Thompson		Female	F	2:16:32
945	1980	2:18:37	Sarah Robertson		Female	F	2:16:09
946	1406	2:18:40	David Murrell		Male	M40	2:15:55
947	1863	2:18:42	Samantha Carter		Female	F	2:17:17
948	1714	2:18:47	Rachael Wildgoose		Female	F	2:17:27
949	1620	2:18:47	Helen Lewis		Female	F45	2:16:44
950	382	2:18:49	Glyn Manton	Norwich Road Runners	Male	M45	2:16:10
951	1280	2:18:49	Simon Alcock	Norwich Road Runners	Male	M45	2:16:10
952	1800	2:18:52	Andy Payne		Male	M40	2:16:26
953	1443	2:18:56	Aravind Shastri		Male	M40	2:18:25
954	1772	2:18:58	Pete Henshall		Male	M	2:17:08
955	1487	2:19:00	Christopher Woodcock		Male	M	2:17:34
956	1394	2:19:10	Stephen Long		Male	M	2:17:24
957	1440	2:19:16	Stuart Sayer	Norwich Road Runners	Male	M55	2:17:35
958	396	2:19:28	Raviraj Natarajan		Male	M50	2:18:58
959	703	2:19:29	Fufu Fang		Male	M	2:19:20
960	1574	2:19:35	Rachel Gover		Female	F	2:17:03
961	1573	2:19:35	Julie Gover		Female	F50	2:17:04
962	1662	2:19:43	Jemma Riches		Female	F	2:17:50
963	633	2:19:43	Michael Briggs		Male	M	2:17:41
964	1429	2:19:43	Antony Riches		Male	M	2:17:51
965	1061	2:19:44	Sophie Cole		Female	F	2:17:52
966	521	2:19:45	Tracy Brown		Female	F	2:18:31
967	2152	2:19:46	Jane Cumming		Female	F50	2:17:46
968	1947	2:19:56	Jane Middleton		Female	F50	2:19:22
969	1233	2:20:01	Charlotte Stokes		Female	F	2:18:20
970	1092	2:20:04	Lottie Fletcher		Female	F	2:19:32
971	1965	2:20:04	Rebecca Palmer	Lowestoft Road Runners	Female	F	2:18:47
972	653	2:20:05	Kelvin Chilleystone		Male	M	2:18:57
973	1537	2:20:05	Hanna Dean	Bungay Black Dog RC	Female	F	2:17:52
974	2344	2:20:06	Isabelle Temple		Female	F	2:18:41
975	1100	2:20:08	Marie Gaskin		Female	F40	2:18:23
976	1976	2:20:10	Hannah Purvis	Wymondham AC	Female	F	2:18:12
977	1843	2:20:27	Lydia Barker		Female	F	2:18:37
978	1899	2:20:35	Genevieve Froehlich		Female	F	2:18:14
979	1677	2:20:35	Suzannah Sinden	Beccles and Bungay Harriers	Female	F40	2:18:35
980	1623	2:20:37	Bourke Louise		Female	F45	2:19:52



Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
981	2030	2:20:42	Michael Mills		Male	M	2:17:57
982	1890	2:20:43	Michelle Eves		Female	F	2:18:58
983	1131	2:20:46	Lynne Johnson		Female	F50	2:18:56
984	1792	2:20:50	Andy McLennan		Male	M45	2:19:32
985	2066	2:21:03	Rachael Hutchinson	Whitburn AAC	Female	F	2:19:29
986	1330	2:21:04	Steven Ede		Male	M	2:19:22
987	1282	2:21:07	Richard Allsworth		Male	M40	2:18:35
988	1743	2:21:19	Lee Coby		Male	M	2:18:26
989	1395	2:21:26	Tony Ludlam	Great Yarmouth Road Runners	Male	M50	2:19:04
990	2043	2:21:35	Amy Clarke		Female	F	2:19:22
991	1856	2:21:40	Rachael Brown		Female	F45	2:18:52
992	1580	2:21:42	Vicky Hampson	North Norfolk Beach Runners	Female	F	2:19:58
993	2024	2:21:47	Neil Dawson	Norwich Road Runners	Male	M50	2:19:05
994	2114	2:21:47	Lloyd Howard		Male	M	2:19:37
995	1339	2:21:47	Ian Fitch		Male	M50	2:20:05
996	1903	2:21:50	Tracey Goodrum		Female	F50	2:19:34
997	814	2:21:51	Matthew Laxton		Male	M	2:20:09
998	1960	2:21:53	Tamsyn Noble-James		Female	F	2:19:12
999	1847	2:21:55	Clare Beveridge		Female	F45	2:20:01
1000	1820	2:21:57	Jason Tovell		Male	M45	2:20:03
1001	1909	2:21:58	Georgia Hegarty		Female	F50	2:20:07
1002	1845	2:22:02	Claire Berridge		Female	F40	2:19:50
1003	2055	2:22:05	Deborah Gillespie	North Norfolk Beach Runners	Female	F50	2:19:20
1004	1138	2:22:09	Melanie Kippax		Female	F55	2:20:33
1005	1241	2:22:20	Loren Taylor		Female	F	2:19:32
1006	926	2:22:20	Robert Sears		Male	M	2:19:33
1007	1384	2:22:22	Matthew Johnston		Male	M	2:19:57
1008	1358	2:22:22	Jamie Halliday		Male	M	2:19:57
1009	1098	2:22:26	Gemma Garland		Female	F	2:20:04
1010	720	2:22:26	Steven Garland		Male	M	2:20:05
1011	714	2:22:27	Duncan Frazer		Male	M50	2:20:03
1012	1536	2:22:29	Claire Davids		Female	F	2:20:23
1013	1607	2:22:29	Beth Judge		Female	F	2:20:23
1014	1839	2:22:51	Katherine Ayers		Female	F	2:20:59
1015	1671	2:22:52	Natalie Sampson		Female	F	2:20:48
1016	2161	2:22:56	Jacqui Gray		Female	F45	2:20:49
1017	731	2:22:56	Phillip Gough		Male	M45	2:20:42
1018	1369	2:23:03	Peter Hibbit		Male	M45	2:21:05
1019	1534	2:23:09	Tamsin Crossley		Female	F	2:20:25
1020	1318	2:23:12	Kevin Coxon		Male	M55	2:21:33
1021	1617	2:23:15	Michelle Leach		Female	F	2:20:41
1022	1263	2:23:16	Elizabeth Wilbourn		Female	F	2:21:14
1023	1333	2:23:29	Andrew English		Male	M55	2:20:49
1024	1967	2:23:49	Philippa Parsons		Female	F45	2:21:17
1025	1739	2:23:58	Simon Burr ridge		Male	M55	2:22:06
1026	2187	2:24:01	Judith Young		Female	F55	2:22:05
1027	1087	2:24:01	Sue Emmett	Coltishall Jaguars RC	Female	F45	2:22:04
1028	2241	2:24:04	Chris Sheppard		Male	M50	2:21:40
1029	2067	2:24:15	Nita Jackman		Female	F40	2:21:34
1030	1378	2:24:15	Matthew Hume		Male	M45	2:22:12
1031	1596	2:24:15	Leila Hume		Female	F	2:22:13
1032	652	2:24:17	Iain Chettleburgh		Male	M45	2:22:54
1033	1168	2:24:21	Sophie Mayes		Female	F	2:22:40
1034	1381	2:24:22	James Ingham		Male	M	2:22:05
1035	1604	2:24:31	Kari-Anne Jordan		Female	F	2:22:34
1036	1522	2:24:39	Emily Burbank		Female	F	2:22:31
1037	2013	2:24:39	Lisa Walpole		Female	F	2:22:32
1038	1992	2:24:44	Emily Stocks		Female	F	2:22:55
1039	1491	2:24:46	Amanda Anderson		Female	F	2:22:34
1040	2115	2:24:49	Andrew Howes		Male	M	2:22:03
1041	2039	2:24:52	Rebecca Barton		Female	F	2:22:11
1042	1659	2:25:05	Alexandra Ratcliffe		Female	F	2:22:33
1043	2256	2:25:19	Matt Firman		Male	M	2:24:46
1044	1008	2:25:19	Mark Willmott		Male	M	2:24:47
1045	2182	2:25:24	Anna Stoate		Female	F	2:24:13
1046	2320	2:25:35	Oliver Denison		Male	M	2:23:21
1047	1587	2:25:41	Rachel Hirst		Female	F45	2:24:29
1048	1354	2:25:41	Greg Gladwell		Male	M50	2:23:21
1049	1826	2:25:41	John Watson		Male	M	2:25:00
1050	907	2:25:42	Jay Robertson		Male	M	2:24:13



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
1051	1906	2:25:50	Martine Halls		Female	F	2:23:28
1052	2094	2:26:00	Anne Standerwick	Great Yarmouth Road Runners	Female	F45	2:25:27
1053	1982	2:26:05	Kitty Rosser	Tri-Anglia TC	Female	F	2:23:38
1054	1527	2:26:15	Becky Carter		Female	F40	2:24:01
1055	1854	2:26:29	Bethany Brown		Female	F	2:24:04
1056	1829	2:26:55	Jason Wilson		Male	M45	2:24:24
1057	1612	2:26:58	Carolyn Kett		Female	F	2:24:34
1058	1702	2:27:01	Wendy Wallace		Female	F45	2:25:29
1059	2081	2:27:05	Joanne Pitcher		Female	F40	2:26:08
1060	1802	2:27:05	Mark Pitcher		Male	M40	2:26:08
1061	1940	2:27:05	S Marshall-Nichols		Female	F	2:24:55
1062	1868	2:27:21	S Charlesworth		Female	F45	2:25:14
1063	1457	2:27:22	Martin Spaul		Male	M55	2:24:40
1064	1427	2:27:22	Neil Richardson		Male	M50	2:24:39
1065	624	2:27:25	Mark Blazey		Male	M45	2:26:46
1066	1425	2:27:25	Carl Rice		Male	M40	2:26:46
1067	2035	2:27:38	Calum Simpson		Male	M	2:24:48
1068	2083	2:27:41	Nipharat Rabuenam		Female	F	2:25:03
1069	2077	2:27:46	Glenis Moore		Female	F60	2:25:12
1070	1894	2:27:47	Emma-Louise Fern		Female	F45	2:25:01
1071	1346	2:27:48	Ian Freel		Male	M55	2:25:53
1072	1043	2:28:11	Chloe Bird		Female	F	2:26:00
1073	1855	2:28:12	Nikki Brown		Female	F	2:25:22
1074	1966	2:28:31	Megan Parry		Female	F	2:25:50
1075	1543	2:28:42	Sarah Doyle		Female	F40	2:26:14
1076	2263	2:28:43	Hayley Gibbard		Female	F	2:26:11
1077	2217	2:28:48	Rachel Overton		Female	F	2:26:19
1078	2331	2:28:54	Graeme Barber		Male	M	2:26:58
1079	1918	2:28:57	Layla Howe		Female	F	2:26:47
1080	2047	2:28:59	Jenny Desborough		Female	F	2:28:03
1081	2257	2:29:04	Craig Wright		Male	M	2:28:32
1082	1525	2:29:18	Charlene Calladine	Diss & District AC	Female	F	2:27:28
1083	2087	2:29:24	Joanna Seaman		Female	F45	2:26:53
1084	601	2:29:33	Mike Baker		Male	M50	2:27:32
1085	2069	2:29:51	Jenny Judge		Female	F	2:27:45
1086	1516	2:29:53	Clare Bradbury	Wymondham AC	Female	F40	2:27:27
1087	2084	2:30:04	Terri Read		Female	F	2:27:49
1088	2059	2:30:04	Elly Haylcok		Female	F	2:27:49
1089	584	2:30:27	Lewis Ablett	Tri-Anglia TC	Male	M	2:27:42
1090	1379	2:30:50	Ben Humphrey		Male	M	2:28:46
1091	838	2:30:53	Robert McKillop		Male	M50	2:28:19
1092	1727	2:30:53	Stephen Andrews		Male	M55	2:28:36
1093	1905	2:31:14	Gill Hak		Female	F55	2:29:00
1094	1009	2:31:17	Adrian Wilson		Male	M45	2:28:54
1095	1343	2:31:29	Bob Fossey	Norwich Road Runners	Male	M60	2:29:46
1096	1560	2:31:30	Clare Francis		Female	F	2:30:50
1097	1891	2:31:31	Lisa Farrington	Waveney Valley AC	Female	F	2:28:43
1098	2230	2:31:35	Sam Barwick	Norfolk Gazelles RC	Female	F45	2:29:39
1099	1432	2:31:36	Tim Robins		Male	M45	2:29:12
1100	1666	2:31:41	Fel Roberts		Female	F45	2:29:36
1101	2134	2:31:46	Lee Thompson		Male	M	2:29:30
1102	1926	2:31:47	Julia Kaluska		Female	F40	2:29:31
1103	363	2:31:51	Edward Lawrence		Male	M	2:29:47
1104	2347	2:31:59	Jake Griffin		Male	M	2:30:23
1105	1276	2:32:12	Shelley Yeaman		Female	F45	2:29:49
1106	2012	2:32:12	Heidi Walker		Female	F	2:29:50
1107	1404	2:32:13	Brian Moore	Norwich Road Runners	Male	M65	2:29:20
1108	2037	2:32:28	Will Tyrrell		Male	M	2:30:08
1109	2005	2:32:28	Victoria Tyrrell		Female	F	2:30:08
1110	1946	2:32:39	Gillian Meigh		Female	F55	2:31:04
1111	1822	2:32:42	Robin Turner		Male	M	2:29:49
1112	1634	2:33:06	Amy Mills		Female	F	2:30:55
1113	1032	2:33:13	Robina Austin		Female	F45	2:31:09
1114	2061	2:33:20	Jinda Hills		Female	F40	2:30:43
1115	1022	2:33:36	Tim Zouridis		Male	M	2:32:36
1116	2153	2:33:37	Jenna Daykin		Female	F	2:32:50
1117	2170	2:34:08	Harriet Large		Female	F	2:32:44
1118	2027	2:34:10	Andrew Huggins		Male	M45	2:31:25
1119	1676	2:34:17	Clare Sillis		Female	F40	2:32:03
1120	2048	2:34:39	Nilixa Devlukia		Female	F45	2:32:41





# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
1121	2093	2:34:58	Jenny Sparkes	Norwich Road Runners	Female	F	2:32:53
1122	1770	2:35:04	Martin Hatton	Waveney Valley AC	Male	M55	2:32:24
1123	1953	2:35:29	Katherine Mortlock	Bure Valley Harriers	Female	F40	2:32:43
1124	1957	2:35:38	Chiluba Musonda		Female	F	2:32:43
1125	996	2:35:47	Justin Watson		Male	M	2:35:28
1126	1652	2:36:06	Alex Plummer		Female	F	2:35:33
1127	2072	2:36:13	Kelly Lee	Reepham Runners	Female	F	2:33:54
1128	1481	2:36:23	Luke Wilby		Male	M	2:34:08
1129	1695	2:36:23	Miranda Tuddenham		Female	F	2:34:08
1130	1917	2:36:49	Amy Howarth		Female	F	2:33:57
1131	1315	2:36:49	Paul Corder	Norwich Road Runners	Male	M55	2:34:09
1132	1831	2:36:49	Joe Woodley	Norwich Road Runners	Male	M40	2:33:58
1133	1841	2:36:49	Melissa Baines	Norwich Road Runners	Female	F	2:33:58
1134	1462	2:36:52	Paul Strowger		Male	M40	2:34:08
1135	1411	2:36:53	Daniel Patterson		Male	M	2:34:08
1136	1972	2:37:24	Sally Porter	Bure Valley Harriers	Female	F50	2:34:37
1137	331	2:37:40	Brandon Herod		Male	M	2:35:36
1138	1759	2:38:54	Mark Everard		Male	M	2:36:25
1139	1920	2:39:14	Josephine Isaac		Female	F	2:36:42
1140	1636	2:39:16	Lynda Moore	Norwich Road Runners	Female	F60	2:36:23
1141	1668	2:39:24	Kate Rossetti		Female	F	2:36:40
1142	2073	2:39:57	Melanie Manson	Goodgym Race Team	Female	F40	2:38:04
1143	1819	2:40:05	Richard Tinkler		Male	M	2:37:12
1144	1908	2:40:10	Juliet Hayward		Female	F40	2:37:33
1145	2088	2:40:11	Nicola Shearing		Female	F	2:37:37
1146	1351	2:40:12	Lee Gerrard		Male	M40	2:37:17
1147	1730	2:40:27	Rod Barrett		Male	M70	2:37:33
1148	1938	2:40:35	Katherine Mann	Norwich Road Runners	Female	F	2:37:48
1149	1132	2:41:11	Amy Jones		Female	F	2:39:00
1150	1861	2:41:18	Harleigh Byers		Female	F	2:39:12
1151	1862	2:41:18	Kerry Byers		Female	F45	2:39:13
1152	1126	2:41:46	Katherine Hupton		Female	F	2:39:30
1153	1508	2:41:50	Philippa Bindley		Female	F	2:39:35
1154	2186	2:42:05	Sarah Wynn		Female	F	2:39:31
1155	1998	2:42:09	Hannah Taylor		Female	F	2:39:30
1156	2169	2:42:09	Sherry Lane		Female	F55	2:39:31
1157	1687	2:42:11	Lauren Taylor		Female	F	2:39:33
1158	2163	2:42:43	Jane Kelly	Norwich Road Runners	Female	F45	2:39:50
1159	2046	2:43:04	Stephanie Deeks	Great Yarmouth Road Runners	Female	F40	2:40:30
1160	1988	2:43:04	Anna Spackman	Great Yarmouth Road Runners	Female	F	2:40:30
1161	1879	2:43:11	Poppy Dawes Ayres		Female	F	2:40:32
1162	1722	2:43:12	Lisa Wright		Female	F	2:41:19
1163	1515	2:44:03	Katrina Bowles		Female	F	2:41:46
1164	2108	2:44:35	Pete Dean		Male	M50	2:41:42
1165	1749	2:44:45	Graham Craske		Male	M55	2:42:37
1166	1830	2:44:45	Lewis Wood		Male	M	2:42:10
1167	2159	2:45:01	Julie Garnham		Female	F40	2:42:11
1168	1663	2:45:09	Jemma Riches		Female	F	2:42:59
1169	1712	2:45:09	Louise White		Female	F	2:42:59
1170	1993	2:45:11	Michelle Stolworthy		Female	F45	2:42:42
1171	1989	2:45:45	Wendy Spaul		Female	F50	2:43:02
1172	1853	2:45:48	Samantha Britcher		Female	F40	2:42:59
1173	1985	2:45:48	Samantha Skelton		Female	F40	2:42:59
1174	1902	2:45:57	Emma Godbold		Female	F40	2:43:22
1175	1964	2:46:29	Harriet Orrell		Female	F	2:44:09
1176	2142	2:46:42	Katherine Barron		Female	F	2:43:49
1177	2095	2:46:59	Liz Sumners		Female	F	2:44:21
1178	1501	2:47:01	Helen Barnes		Female	F	2:44:22
1179	2075	2:47:04	Charlotte McDonald		Female	F	2:44:26
1180	1892	2:47:23	Anne Farthing		Female	F45	2:44:37
1181	1581	2:47:32	Freya Hanna		Female	F	2:45:45
1182	2008	2:47:35	Kate Wales		Female	F40	2:47:35
1183	2255	2:47:57	Glenn Parrott		Male	M45	2:45:26
1184	2091	2:47:57	Victoria Smart		Female	F	2:45:27
1185	2132	2:47:59	Matthew Smith		Male	M45	2:45:06
1186	2154	2:48:10	Lynne Dowdy		Female	F55	2:45:16
1187	2064	2:48:10	Ceridwen Howell		Female	F60	2:45:17
1188	2011	2:48:28	Gemma Walker		Female	F40	2:45:40
1189	1959	2:48:29	Emily Nobbs		Female	F	2:45:40
1190	1928	2:48:29	Debs Kershaw		Female	F	2:45:40



# City of Norwich Half Marathon

County Championships - 15th April 2018

# RESULT

## CHAMPIONSHIP

Pos.	Bib	Time	Name	Team	Gender	Class	Chip Time
1191	2017	2:50:12	Charlotte West		Female	F	2:48:15
1192	1922	2:50:55	Eleanor Jarvis		Female	F	2:48:28
1193	1778	2:50:55	Ian Jarvis		Male	M50	2:48:28
1194	2070	2:52:45	Sanja Kalli		Female	F	2:51:27
1195	2110	2:53:08	Peter Emery		Male	M45	2:52:19
1196	2156	2:53:08	Sharn Emery		Female	F45	2:52:21
1197	1874	2:53:13	Georgia Cranmer		Female	F	2:51:02
1198	2166	2:53:14	Claire Kimber		Female	F40	2:50:22
1199	2105	2:53:49	Neil Barron		Male	M	2:50:56
1200	1181	2:55:13	Leyen Nguyen		Female	F	2:54:12
1201	2101	2:55:50	Stephanie Wenn	Norwich Road Runners	Female	F	2:53:10
1202	2141	2:56:53	Gemma Bailey	100 Marathon Club	Female	F	2:54:21
1203	2041	2:56:57	Caroline Briggs	British Military Fitness	Female	F50	2:54:31
1204	2188	2:57:35	Scott Carroll		Male	M	2:55:01
1205	1421	2:57:35	Trevor Rawson		Male	M55	2:55:01
1206	2190	2:57:35	Debbie Carroll		Female	F50	2:55:02
1207	1913	2:58:13	Helen Hogan		Female	F45	2:55:34
1208	1206	2:59:03	Nirmala Raviraj		Female	F45	2:58:32
1209	1898	2:59:16	Robyn Freeman		Female	F	2:56:23
1210	1897	2:59:16	Laura Franks		Female	F	2:56:23
1211	2155	2:59:29	Nicola Ellis		Female	F	2:57:38
1212	2181	3:07:47	Natasha Smith		Female	F	3:05:10
1213	2178	3:09:26	Louise Sayer		Female	F45	3:06:33
1214	2185	3:22:56	Yasmin Weatherstone		Female	F	3:20:35

**Male**

Pos.	Bib	Time	Category	Name	Team
1	14	01:09:54	M	Ash Harrell	City of Norwich AC
2	7	01:13:50	M	Dominic Blake	Reepham Runners
3	99	01:17:14	M	Jack Gillick	Wymondham AC
4	8	01:17:52	M45	Tim Topper	Wymondham AC
5	146	01:19:30	M	Simon Partridge	Bure Valley Harriers
6	82	01:19:31	M	George Clements	
7	77	01:20:50	M	Steven Cannell	
8	69	01:21:07	M45	Nicholas Bensley	Ryston Runners AC
9	183	01:21:15	M	Simon Wright	Norwich Road Runners
10	137	01:21:37	M55	John Moore	Norfolk Gazelles RC
11	62	01:21:58	M40	Neil Adams	North Norfolk Beach Runners
12	161	01:22:11	M	Jonathan Stockwell	
13	180	01:22:52	M	Nicholas Wittred	
14	231	01:23:19	M	Simon Bryant	
15	129	01:23:45	M	Stuart MacNab-Grieve	
16	101	01:23:48	M50	Richard Hanson	
17	74	01:25:36	M	Jake Brockwell	University of East Anglia AC
18	91	01:25:40	M	Marc Evans	Great Yarmouth Road Runners
19	108	01:25:58	M	Matt Howard	Norwich Road Runners
20	229	01:26:05	M	Kyle Brooks	
21	95	01:26:10	M50	Mark Garrett	Norwich Road Runners
22	116	01:26:31	M	Jack Judd	
23	141	01:26:55	M	Darren Neale	North Norfolk Beach Runners
24	2195	01:27:17	M50	Todd Lake	Dereham Runners AC
25	173	01:27:35	M	Andrew Walpole	Dartford Road Runners

**Female**

Pos.	Bib	Time	Category	Name	Team
1	37	01:21:19	F	Mabel Beckett	City of Norwich AC
2	573	01:31:52	F	Ella Sharrock	
3	11	01:32:47	F40	Cat Cummings	Wymondham AC
4	570	01:32:54	F	Felicity Quinn	North Norfolk Beach Runners
5	13	01:33:14	F40	Alexandra Smith	Wymondham AC
6	17	01:33:49	F	Sarah Peachey	Wymondham AC
7	12	01:34:12	F	Lorena Latisaite	Ryston Runners AC
8	16	01:34:39	F	Rose Waterman	Tri-Anglia TC
9	571	01:35:06	F45	Debbie Schwarz	West Norfolk AC
10	522	01:35:46	F	Hannah Bye	
11	42	01:37:35	F	Alice Rees	City of Norwich AC
12	1277	01:37:49	F45	Elly Young	Coltishall Jaguars RC
13	534	01:37:59	F45	Theresa Dooley	Norfolk Gazelles RC
14	580	01:38:24	F	Toyah Ward	
15	524	01:38:30	F	Harriet Carr	
16	2193	01:38:57	F45	Sharon Hurren	Wymondham AC
17	563	01:39:05	F50	Helen Mian	Norfolk Gazelles RC
18	582	01:39:59	F40	Emily Woodfield	Tri-Anglia TC
19	548	01:40:58	F40	Caroline Houghton	Norwich Road Runners
20	1113	01:41:21	F40	Stacey Harper	Norwich Road Runners
21	581	01:42:35	F	Joanne Watkins	Norfolk Gazelles RC
22	2226	01:42:50	F40	Zoe Jones	Wymondham AC
23	552	01:43:00	F	Emma Jay	Norfolk Gazelles RC
24	1242	01:44:45	F	Sarah Thacker	
25	569	01:44:47	F	Chloe Pellican	

**Male**

Pos.	Bib	Time	Category	Name	Team
1	14	01:09:54	M	Ash Harrell	City of Norwich AC
2	7	01:13:50	M	Dominic Blake	Reepham Runners
3	99	01:17:14	M	Jack Gillick	Wymondham AC
4	146	01:19:30	M	Simon Partridge	Bure Valley Harriers
5	82	01:19:31	M	George Clements	
6	77	01:20:50	M	Steven Cannell	
7	183	01:21:15	M	Simon Wright	Norwich Road Runners
8	161	01:22:11	M	Jonathan Stockwell	
9	180	01:22:52	M	Nicholas Wittred	
10	231	01:23:19	M	Simon Bryant	

**Male 40+**

Pos.	Bib	Time	Category	Name	Team
1	62	01:21:58	M40	Neil Adams	North Norfolk Beach Runners
2	80	01:29:03	M40	Sze-Ming Cheung	Norwich Road Runners
3	413	01:29:49	M40	Mat Porter	Norwich Road Runners
4	144	01:32:25	M40	Leigh Nobes	Reepham Runners
5	65	01:33:01	M40	Nick Askham	Tri-Anglia TC
6	192	01:33:43	M40	Vernon Anderson	
7	93	01:34:12	M40	Steve Fields	
8	430	01:34:56	M40	Stuart Rose	Dereham Runners AC
9	250	01:35:21	M40	Stuart Coe	
10	416	01:35:48	M40	Stephen Ramm	

**Male 45+**

Pos.	Bib	Time	Category	Name	Team
1	8	01:17:52	M45	Tim Topper	Wymondham AC
2	69	01:21:07	M45	Nicholas Bensley	Ryston Runners AC
3	36	01:29:25	M45	Mark Solway	City of Norwich AC
4	174	01:31:15	M45	Neil Walpole	Norwich Road Runners
5	355	01:31:45	M45	Paul Knights	
6	75	01:32:59	M45	Jason Brunt	Norfolk Gazelles RC
7	501	01:33:54	M45	Trevor Wood	
8	398	01:33:56	M45	Mark Ogden	
9	439	01:34:28	M45	Kevin Sadd	
10	455	01:34:50	M45	Richard Smith	

**Male 50+**

Pos.	Bib	Time	Category	Name	Team
1	101	01:23:48	M50	Richard Hanson	
2	95	01:26:10	M50	Mark Garrett	Norwich Road Runners
3	2195	01:27:17	M50	Todd Lake	Dereham Runners AC
4	147	01:28:08	M50	Matthew Pask	Norwich Road Runners
5	88	01:30:44	M50	Andrew Dormer	Great Yarmouth Road Runners
6	31	01:30:51	M50	Tim Angell	City of Norwich AC
7	136	01:31:06	M50	Ian Moore	Wymondham AC
8	152	01:31:17	M50	Stewart Robins	Ryston Runners AC
9	34	01:31:34	M50	Peter Mahoney	City of Norwich AC
10	2317	01:32:54	M50	Graham Johnson	Coltishall Jaguars RC

**Male 55+**

Pos.	Bib	Time	Category	Name	Team
1	137	01:21:37	M55	John Moore	Norfolk Gazelles RC
2	311	01:34:05	M55	Gary Grand	Norwich Road Runners
3	203	01:37:06	M55	Chris Barkway	
4	2325	01:38:29	M55	Mark Griffin	
5	390	01:40:58	M55	Robert McPherson	
6	859	01:41:47	M55	Chris Murphy	
7	352	01:44:00	M55	Dave King	
8	300	01:46:54	M55	Steve Genders	
9	993	01:47:57	M55	David Ward	
10	981	01:48:27	M55	Steven Tuttle	

**Male 60+**

Pos.	Bib	Time	Category	Name	Team
1	426	01:33:13	M60	Colin Robilliard	Bure Valley Harriers
2	276	01:37:00	M60	Terry Epps	Wymondham AC
3	488	01:40:22	M60	Nigel Walsh	
4	112	01:41:20	M60	Pete Johnson	Ryston Runners AC
5	1459	01:46:16	M60	Anthony Stephenson	
6	1449	01:47:41	M60	Leslie Slater	
7	2249	01:48:34	M60	Brian Spooner	
8	1428	01:48:59	M60	Paul Richardson	Dereham Runners AC
9	2291	01:57:26	M60	Jonathan Jones	
10	999	01:58:03	M60	Tony Wenlock	Tri-Anglia TC

**Male 65+**

Pos.	Bib	Time	Category	Name	Team
1	261	01:34:14	M65	Stephen Dady	Wymondham AC
2	2308	01:59:05	M65	Paul Anthony Choak	
3	314	02:01:40	M65	Chris Groves	Tri Athletes TC
4	659	02:06:30	M65	Mike Collins	
5	1002	02:10:36	M65	Iain White	
6	1404	02:32:13	M65	Brian Moore	Norwich Road Runners

**Male 70+**

Pos.	Bib	Time	Category	Name	Team
1	1456	02:06:40	M70	Stewart South	
2	1730	02:40:27	M70	Rod Barrett	

**Male 75+**

Pos.	Bib	Time	Category	Name	Team
1	1410	02:09:50	M75	M Ike Ottley	Reepham Runners

**Female**

Pos.	Bib	Time	Category	Name	Team
1	37	01:21:19	F	Mabel Beckett	City of Norwich AC
2	573	01:31:52	F	Ella Sharrock	
3	570	01:32:54	F	Felicity Quinn	North Norfolk Beach Runners
4	17	01:33:49	F	Sarah Peachey	Wymondham AC
5	12	01:34:12	F	Lorena Latisaite	Ryston Runners AC
6	16	01:34:39	F	Rose Waterman	Tri-Anglia TC
7	522	01:35:46	F	Hannah Bye	
8	42	01:37:35	F	Alice Rees	City of Norwich AC
9	580	01:38:24	F	Toyah Ward	
10	524	01:38:30	F	Harriet Carr	

**Female 40+**

Pos.	Bib	Time	Category	Name	Team
1	11	01:32:47	F40	Cat Cummings	Wymondham AC
2	13	01:33:14	F40	Alexandra Smith	Wymondham AC
3	582	01:39:59	F40	Emily Woodfield	Tri-Anglia TC
4	548	01:40:58	F40	Caroline Houghton	Norwich Road Runners
5	1113	01:41:21	F40	Stacey Harper	Norwich Road Runners
6	2226	01:42:50	F40	Zoe Jones	Wymondham AC
7	546	01:46:59	F40	Nicola Hill	Norwich Road Runners
8	1211	01:50:03	F40	Alison Riches	
9	559	01:50:48	F40	Rachel Matthews	
10	1186	01:52:58	F40	Sarah Norman	Waveney Valley AC

**Female 45+**

Pos.	Bib	Time	Category	Name	Team
1	571	01:35:06	F45	Debbie Schwarz	West Norfolk AC
2	1277	01:37:49	F45	Elly Young	Coltishall Jaguars RC
3	534	01:37:59	F45	Theresa Dooley	Norfolk Gazelles RC
4	2193	01:38:57	F45	Sharon Hurren	Wymondham AC
5	1257	01:47:25	F45	Katrina Wasteny	West Norfolk AC
6	519	01:47:51	F45	Karyn Bray	Bure Valley Harriers
7	1262	01:48:24	F45	Melanie Widdows	
8	2218	01:49:56	F45	Mary Gillings	
9	2250	01:52:13	F45	Louise Holland	Wymondham AC
10	1221	01:54:25	F45	Catherine Scott	

**Female 50+**

Pos.	Bib	Time	Category	Name	Team
1	563	01:39:05	F50	Helen Mian	Norfolk Gazelles RC
2	523	01:46:19	F50	Lucy Campbell	
3	1102	01:46:29	F50	Ruth Gaunt	Norwich Road Runners
4	1063	01:47:59	F50	Julie Cooke	
5	1655	01:53:15	F50	Debbie Powles	Norfolk Gazelles RC
6	1099	01:53:57	F50	Catherine Garrod	
7	1185	01:54:50	F50	Susan Nolan	
8	1068	01:55:43	F50	Marian Crossland	
9	1062	01:58:58	F50	Anneke Cook	Wymondham AC
10	1924	02:07:22	F50	Sharon Jones	Coltishall Jaguars RC

**Female 55+**

Pos.	Bib	Time	Category	Name	Team
1	1672	02:00:51	F55	Bobbie Sauerzapf	Bungay Black Dog RC
2	1611	02:11:17	F55	Deborah Kennedy	Basildon AC (Basildon)
3	1083	02:11:32	F55	Jackie Eastaugh-King	Norwich Road Runners
4	1835	02:13:58	F55	Louise Adamson	Waveney Valley AC
5	1138	02:22:09	F55	Melanie Kippax	
6	2187	02:24:01	F55	Judith Young	
7	1905	02:31:14	F55	Gill Hak	
8	1946	02:32:39	F55	Gillian Meigh	
9	2169	02:42:09	F55	Sherry Lane	
10	2154	02:48:10	F55	Lynne Dowdy	

**Female 60+**

Pos.	Bib	Time	Category	Name	Team
1	536	01:48:17	F60	Anne Ellen	Norfolk Gazelles RC
2	1041	01:58:52	F60	Carol Betts	Norfolk Gazelles RC
3	2056	02:06:16	F60	Valerie Goddard	
4	2077	02:27:46	F60	Glenis Moore	
5	1636	02:39:16	F60	Lynda Moore	Norwich Road Runners
6	2064	02:48:10	F60	Ceridwen Howell	

**Female 65+**

Pos.	Bib	Time	Category	Name	Team
1	1681	02:13:50	F65	Sheila Smith	