

2019 Larking Gowen City of Norwich Half Marathon - Team Results - Men

Posn	Club	Forename	Surname	ChipTime	Team Time
1	City of Norwich AC	Piers	Arnold	01:07:41	05:12:48
		Stephen	Gibbs	01:19:10	
		Adam	Bamford	01:22:48	
		Richard	Jones	01:23:04	
2	Norwich Road Runners	John	Hudson	01:18:17	05:22:41
		Trevor	Gannon	01:20:20	
		Marc	Coles	01:21:20	
		Alex	Griffiths	01:22:36	
3	Wymondham AC	Peter	Harvey	01:15:37	05:33:31
		David	Roy	01:20:48	
		Kyle	Brooks	01:22:38	
		Ross	Hollinworth	01:33:52	
4	Norwich Road Runners	Chris	Bullock	01:22:42	05:41:17
		David	Houghton	01:24:08	
		Alastair	Leckie	01:27:01	
		Mark	Garrett	01:27:26	
5	North Norfolk Beach Runners	Neil	Adams	01:19:42	05:43:55
		John	Fagan	01:24:03	
		Daryl	London	01:28:06	
		Alex	Curtis	01:32:04	
6	Norfolk Gazelles RC	John	Moore	01:21:08	05:52:37
		Oliver	Jones	01:24:08	
		Jason	Brunt	01:30:38	
		Martin	Doherty	01:36:43	
7	Norwich Road Runners	Neil	Walpole	01:27:33	05:59:22
		Dougal	Clark	01:29:16	
		Matthew	Humphreys	01:29:48	
		Kevin	Rowe	01:32:45	
8	City of Norwich AC	Albert	Hicks	01:26:39	06:03:24
		Chris	Yeates	01:26:44	
		Tim	Angell	01:30:02	
		James	Cordeaux	01:39:59	
9	Ipswich JAFFA RC	Oliver	Watson	01:24:24	06:08:43
		Wilfred	Campbe	01:28:36	
		Darryl	Yates	01:36:01	
		Kyle	Roper	01:39:42	
10	Norwich Road Runners	Lee	Forder	01:32:52	06:13:39
		David	Foreman	01:33:01	
		Ben	Snelling	01:33:51	
		Paul	Smith	01:33:55	
11	Waveney Valley AC	Stuart	Coe	01:29:42	06:14:11
		Michael	Quantrill	01:31:10	
		Dan	Johnstone	01:35:26	
		Joel	Thomson	01:37:53	
12	Reepham Runners	Dominic	Blake	01:12:53	06:16:58
		Tim	Suswain	01:34:06	
		Jonathan	Thetford	01:44:13	
		Greg	Pearson	01:45:46	

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13	Norwich Road Runners	Keith	Walpole	01:35:21	06:23:02
		Alick	Burnett	01:35:46	
		Nathan	Edwards	01:35:50	
		William	Whittam	01:36:05	
14	Tri-Anglia TC	Mark	Clues	01:26:20	06:24:05
		Joao	Duarte	01:32:05	
		Kevin	Burgess	01:42:42	
		John	Lee	01:42:58	
15	Norwich Road Runners	Kierstan	Foreman	01:38:30	06:36:47
		Shaun	Copland	01:39:02	
		Neil	Bunnage	01:39:08	
		Stephen	Panting	01:40:07	
16	Dereham Runners AC	Wayne	Ramsbottom	01:38:39	06:38:46
		Chris	Hosier	01:39:18	
		Andy	Rowles	01:40:23	
		Matthew	Freezer	01:40:26	
17	Norwich Road Runners	Ashley	Yellop	01:40:08	06:41:32
		Glen	Robinson	01:40:10	
		Paul	Dowson	01:40:24	
		David	Crow	01:40:50	
18	Stowmarket Striders RC	William	Terry	01:32:57	06:48:00
		Robert	Grainger	01:33:04	
		Peter	Warland	01:43:31	
		Edward	Burchell	01:58:28	
19	Lonely Goats RC	Scott	Hollings	01:41:00	06:51:32
		Craig	Skipper	01:43:04	
		Craig	Barrett	01:43:35	
		Martin	Rowe	01:43:53	
20	Norfolk Gazelles RC	Jason	Black	01:38:08	06:54:08
		Nick	Ross	01:43:07	
		Stephen	Sadd	01:45:32	
		Jason	Kelf	01:47:21	
21	Wymondham AC	Chris	Howard	01:36:00	07:03:12
		Garry	Whiting	01:42:41	
		Nigel	Bradley	01:48:06	
		Rob	Winner	01:56:25	
22	Norwich Road Runners	Jon	Rowden	01:44:21	07:07:01
		Shaun	Sparkes	01:45:13	
		Dios	Fernandez	01:47:43	
		Alex	Broome	01:49:44	
23	Great Yarmouth Road Runners	Marc	Evans	01:26:01	07:08:44
		Gareth	Davies	01:50:25	
		Iain	Johnstone	01:54:18	
		Chris	Tyrrell	01:58:00	
24	Bungay Black Dog RC	Matt	Spencer	01:14:29	07:20:46
		Chris	Chorley	01:38:28	
		Richard	Dye	01:47:40	
		Aaron	Jackson	02:40:09	

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25	Norfolk Gazelles RC	Steve	Hope	01:50:12	07:27:22
		Graham	Hardingham	01:50:56	
		Tim	Cook	01:52:02	
		Ian	Sadd	01:54:12	
26	Norwich Road Runners	William	Trow	01:51:20	07:34:15
		Paul	Robbins	01:51:31	
		Martin	Howard	01:54:21	
		John	Miller	01:57:03	
27	Lowestoft Road Runners	Matthew	Sutton	01:22:56	07:42:37
		Chris	Woodcock	02:02:31	
		Alexander	Goldsmith	02:05:31	
		Liam	Mullen	02:11:39	
28	North Norfolk Beach Runners	Simon	Smith	01:37:38	07:44:11
		Michael Fish	Sadler	01:53:26	
		Kevin	Smith	02:06:33	
		Tony	Gentry	02:06:34	
29	Lonely Goats RC	Luke	Henry	01:47:36	07:44:54
		Kevin	Boldy	01:58:01	
		Barney	Goodrum	01:58:13	
		Bernard	Nunn	02:01:04	
30	Norwich Road Runners	Luke	Guy	01:58:03	07:56:29
		Stephen	Hill	01:58:03	
		Ben	Kendall	01:58:32	
		Darin	Geary	02:01:51	
31	Norwich Road Runners	Liam	Davison	02:09:31	08:53:49
		Bob	Fossey	02:10:21	
		Michael	Johnson	02:13:26	
		Robert	Belcher	02:20:31	